

# INSTRUCTIONS FOR CREWS

## CLUB BRIEFING

- ◆ Please note that due to building works in the Gorbals, access to Glasgow Rowing Club is only possible by car via Caledonia Road.
- ◆ Numbers will be available from 9.00 am. There is a refundable deposit of £5 per number.

- ◆ Boating

High order crews should attempt to boat first. 10.30 am for Race 1, 12.30 pm for Race 2 and 2.30pm for Race 3.

Remember any crew not **on the water** 20 minutes before race start time will probably **not** reach the time gate at Shawfield Bridge. At this point no crews will be allowed to pass upstream less than 10 minutes before race start time.

All crews failing to pass this point will be instructed to return to their boating point immediately.

- ◆ Marshalling at Start

The race start point is the blue railings at the downstream side of the sewerage works. Crews will be marshalled on the railway bridge straight which is round the bend at the sewerage works

Odd numbered crews should position themselves facing upstream on the North bank with lowest numbers in each division at the downstream end. The even numbered crews should position themselves facing upstream in racing order between points A and C on the south bank. Crews on the south bank should look out for any submerged obstructions. Crews should turn onto the course only when instructed by a marshal/umpire. When instructed to do so crews should move slowly round the sewerage works bend in race order until instructed to commence by officials.

Time penalties will applied as follows:

Crews must be on their marshalling station or above the start five minutes before race start time. A 5 second penalty will be added for any minute or part of minute thereafter.

A minimum 10 second gap will be applied between all crews. Those choosing to ignore the umpires instruction risk disqualification.

◆ Finish

The normal finish has been moved to the viewing platform. Crews returning upstream should stay close to the north bank until they reach Kings Bridge. Crews should only pass George Parsonages pontoons and cross over above Kings Bridge when instructed by umpires or marshalls. Crews still racing have absolute priority and crews returning to their embarkation point **MUST** look out and give way to crews in the opposite direction.

◆ Course Obstructions

- There is a tree obstructing the river on the north bank of the sewerage works bend.
- Crews should be aware of the stakes on the south bank just round the first bend on the course
- There are trees causing obstructions on both banks above Shawfield Bridge particularly on the north bank.
- There is a tree growing out into the river on the south bank below Shawfield Bridge

◆ Most importantly - **enjoy your days racing.**