

INVERNESS ROWING CLUB

ADDITIONAL SAFETY RULES

Please note due to the extremely large number of entries this year some alterations to our normal head procedures will apply. These are to ensure the safety of rowers.

FAILURE TO FOLLOW MARSHALL/UMPIRE INSTRUCTIONS (BEYOND THE FINISH LINE) MAY RESULT IN DISQUALIFICATION AND OR TIME PENALTIES BEING APPLIED

- 1 The start line will be moved down the canal toward our boathouse by approximately 150 metres. This is to create more marshalling space at the beginning of the race.
- 2 The finish line will remain at its normal location.
- 3 All IV+ and IV- must continue to paddle after crossing the finish and continue under the Tomnahurich Bridge. Rowers must be ready to lie flat to enable boats to pass under the bridge. All other boats will be allowed to land as normal and as quickly as possible.
- 4 All fours will continue to paddle down the canal for approximately 800 metres and will be turned, by a marshal, and row back up to the bridge. This holding circulation will be held until permission to pass back under the bridge is given.
- 5 Those boats that launched from below the bridge will be allowed to land, during this period of circulation, where safe.
- 6 Once the last boat has crossed the finishing line landing will be allowed on the boathouse side of the bridge.