



**British Coaching Award Scheme  
Rowing Instructors Course**

Dates : 23<sup>rd</sup>/24<sup>th</sup> October 30/31<sup>st</sup> October 2004  
Venue: National Rowing Academy – Strathclyde Park  
Cost : £ 150 per person

The next Instructors award will be held at the National Rowing Academy at Strathclyde Park over two weekends in October. This is the first rung on the ladder of the British Coaching Award Scheme. All materials will be provide for the courses and accommodation is available at very reasonable rates at the Alona Hotel on 01698 333888. ( please quote SARA rate ).

Places are limited to twelve candidates and will be dealt with on a first come first served basis.

If you require any further information then please contact Iain Somerside at [icsomerside@scottish-rowing.org.uk](mailto:icsomerside@scottish-rowing.org.uk) or phone 07889 515620.



**British Coaching Award Scheme  
Rowing Instructors Course**

Dates : 23<sup>rd</sup>/24<sup>th</sup> October 30/31<sup>st</sup> October 2004

Venue: National Rowing Academy – Strathclyde Park

Cost : £ 150 per person

Course Tutor : TBC

If you wish to register for this course please complete and return the slip below together with your payment of £ 150 per person to Iain Somerside, NRA ,366 Hamilton Road Motherwell ML3 1ED. A full agenda will be sent to participants on receipt of registration.

.....tear off here

Name	
Address	
Town	
Postcode	
Club	
SARA Lic No.	
Tel No ( home )	
(work )	
(mobile)	
Email	

366 Hamilton Road Motherwell ML3 1ED  
Tel 01698 250206



