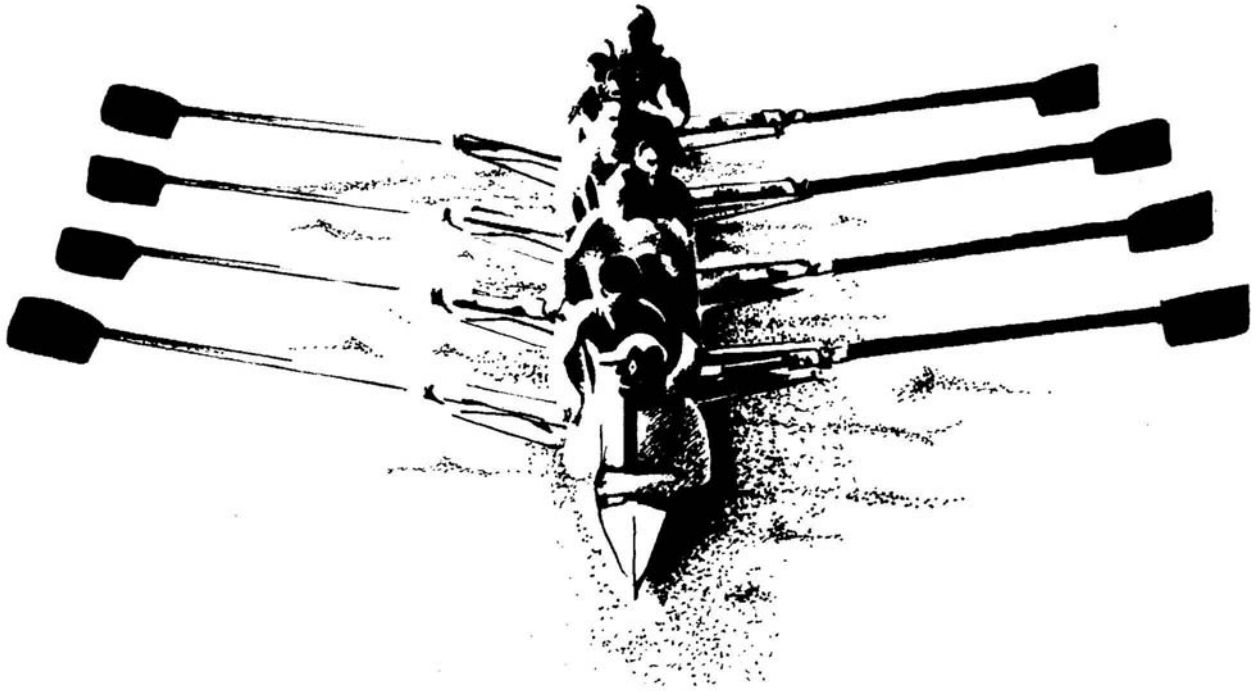


**GLASGOW UNIVERSITY BOAT CLUB
WESTERN EIGHTS HEAD OF THE CLYDE**

SATURDAY 29th JANUARY 2005



Once again, the annual Western Eights Head of the Clyde will deliver the competitive atmosphere of eights racing across fourteen categories, and provide an excellent day for competitor and spectator alike!

With your club competing, the Western Eights Head of the Clyde can be maintained as the largest and most taxing eights head in the Scottish rowing calendar. The event will be raced downstream along the Clyde's testing 5000m course.

Take up the challenge for the opportunity to become the 'King or Queen of the Clyde'!

The fourteen categories we invite you to compete in are:

Division 1:

12:30 pm

Men:

Restricted 1
Junior 18
Novice
Veteran

Women:

Open
Restricted 2
Junior 16

Division 2:

2:30 pm

Men:

Open
Restricted 2
Junior 16

Women:

Restricted 1
Junior 18
Novice

Octuple Sculls Junior 18 (timed only)

SARA race rules 2003 apply. For information and entry form please contact Celine Buescher or Hollie Kirwan, Western Eights Head of the Clyde, Glasgow University Boat Club, Stevenson Building, 77 Oakfield Avenue, Glasgow, G12 8LT. Email westernhead@glasgowubc.com or phone 07793678280 or 07786473406.

GLASGOW UNIVERSITY BOAT CLUB, WESTERN EIGHTS HEAD OF THE CLYDE

SATURDAY 29th JANUARY 2005

Important information

Entry:

The cost of competing is **£40 per crew**, regardless of category (this includes the SARA regatta levy).

The entry forms will be found in online format on <http://www.gla.ac.uk/clubs/boat>. The online entry system shall be in operation from **Wednesday 5th January 2005**. For your entry form to be processed, we respectfully require your club's total race fees, payable by cheque to "GUBC" to be received by **Wednesday 26th January 2005**. Cheques should be posted to "Western Head, Glasgow University Boat Club, The Stevenson Building, 77 Oakfield Avenue, Glasgow, G12 8LT".

Closing date for entries is Saturday 22nd January 2005.

Race registration:

A representative from each club or crew must report to race control on the first floor of Glasgow University boathouse to:

- 1: collect bow numbers and pay deposit.
- 2: confirm crew name and status.
- 3: check race times and changes.

Times for registration:

10 - 11:00 am for division 1
12 - 1:00 pm for division 2

The race rules and race criteria:

Racing will **start** at the halfway wall on the Belvidere straight of the Clyde.

Racing will **finish** 5000m downstream at Glasgow Green's Nelson monument viewing platform on the GUBC - Strathclyde University BC straight.

The event will be run under SARA rules of racing March 2003, available at <http://www.scottish-rowing.org.uk/Downloads.html>). In competing in the event it is understood that you will be adhering to the safety guidelines and rules and regulations of SARA and the restrictions GUBC put in force at the event. All competitors rowing for clubs affiliated to SARA must have up to date SARA race licenses. ARA licenses are accepted for competitors rowing for a club affiliated to ARA.

Crews must arrive upstream of the start 10 minutes prior to division start time:

12:20pm for division 1 start at 12:30pm,
2:20pm for division 2 start at 2:30pm.

Crews arriving later than 12:25pm and 2:25pm will incur a 5 second penalty added to their finish time for every minute late, or possible disqualification.

Disclaimer:

The organisers, Glasgow University Boat Club (GUBC) accept no responsibility for those competing in any capacity, in the event. Actions are the responsibility of the individual.

GUBC reserves the right at any point to alter the start times, distance and restrictions of the event, if competitor safety requires it.

Warning of decided changes will be made obvious:

On the day of the event: changes will be posted:

Upstairs; within the clubhouse at race control.

Downstairs; on the outside at the main door.

Crews travelling to the event should contact 07793678280 or 07786473406 between 7:30am and 8:30am on the day to confirm status of the event, in case of bad weather.

Days before the event:

Competing clubs will be notified of any changes on the contact phone numbers they provide overleaf.

Cancellation of the event would make us all disappointed. Unfortunately GUBC cannot guarantee total refund of race fees although in the event of cancellation every effort will be made to do so.

GLASGOW UNIVERSITY BOAT CLUB, WESTERN EIGHTS HEAD OF THE CLYDE

SATURDAY 29th JANUARY 2005

Course notes for crews and coxswains:

Race registration:

A representative from each club or crew must report to race control on the first floor of Glasgow University boathouse to:

- 1: collect bow numbers and pay deposit.
- 2: confirm crew name and status.
- 3: check race times and changes.

Times for registration:

10 - 11:00 am for division 1
12 - 1:00 pm for division 2

Start line:

Racing will start at the halfway wall on the Belvidere straight of the Clyde.

Finish line:

Racing will finish 5000m downstream at Glasgow Green's Nelson monument viewing platform on the GUBC – Strathclyde University BC straight.

Proceeding up stream to start:

Crews must only use north bank arches (coxswain's left). If overtaking only the centre arches should be used and only if there are no downstream crews approaching. Crews must reach Dalmarnock Bridge by 12:10pm for Div 1, and 2:10pm for Div 2 or face disqualification.

Marshalling at the start:

Crews must arrive upstream of the start 10 minutes prior to division start time:

12:20pm for division 1 start at 12:30pm,
2:20pm for division 2 start at 2:30pm.

Crews arriving later than 12:25pm and 2:25pm will incur a 5 second penalty added to their finish time for every minute late, or possible disqualification.

Upstream of the start line crews must stay into the bank bows facing upstream until asked to turn;

Odd numbered crews on the **north bank**.
Even numbered crews on the **south bank**.

Start:

Crews will be asked individually to turn facing downstream and proceed to the start. Crews must now be in race kit and ready to start.

The start will be a '**rolling start**', where:

As a crew approaches the start line their club name and crew number will be called, they must continue moving and pick up speed. Several metres later they will hear "Go", signifying that timing has now started.

There will be a 15 second interval between crews at the timing/start line.

Race:

Crews must use the centre arches for the first three downstream bridges, after which the centre or coxswain's left/south bank arches may be used.

Marshalling from umpires on the bank must be strictly adhered to. Failure to do so may result in time penalties or disqualification.

Overtaking crews have right of way. The overtaken crew must give water and allow the overtaking crew to follow its own 'racing course'.

Finish:

Having crossed the finish line crews must continue paddling to the Clydesdale ABC/Strathclyde University BC boathouse before the weir and turn, then slowly and under the finish marshal's instructions proceed back to where they launched.