



Clydesdale ARC

57th

Head of the River

for Eights and Fours

Saturday 4th March 2006
Glasgow Green
4000m Course
12.00pm & 2.30pm

Under S.A.R.A. rules

POSITION	NAME	PHONE NUMBER
Safety Officer	Bill Neil	07985040596
First Aid	Dr. Peter Barton	07790386531 (Race Control)
Race Convenor	Tom McGuinness	07747761283
Race Control (HQ)	Dr. Sandra Pirie	07790386531
Senior Umpire	Gordon J. Kerr	
Clerk of the Course	George Parsonage	
Fast Rescue Boat	Gordon Simpson	07789997945
Police Station	Gorbals	0141 5325300
In case of an emergency, please contact Race Control HQ in the first instance		

DIVISION 1

Start No.	Boat	Club	Name
1	M Op 8+	Clyde ARC	Floater Mc Flab
2	M Op 8+	GUBC	I Rice
3	M Op 8+	CARC	Moody McCuddle
4	M Ju 18 8+	SPRC/CSRC/NARC	Shankland
5	M 8+ Vet C	Castle Semple	Robertson
6	M 8+ Vet C	GRC	Kerr
7	W R2 8+	EUBC	Miller
8	WR2 8+	SPRC	Barton
9	W R2 8+	SUBC	Morrow
10	W R2 8+	CARC	Ayres
11	W R2 8+*	SABC/CLYDE/GWC/CARC	Dorman
12	WNov 8+	EUBC	Carter
13	WNov 8+	SABC	Reader
14	WNov 8+	HWUBC	Jennings
15	WNov 8+	GWBC	Rankin
Time Gap			
16	MR 2 4+	EUBC	Norman
17	M R2 4+	SUBC	O' Hare
18	MR 2 4+	EUBC	Hawthorn
19	MR 2 4+	HWUBC	Edgar
20	MR 2 4+	GHSRC	Herriot
21	MR 2 4+	SUBC	Rae
22	MR 2 4+	SABC	MacDonald
23	MR 2 4+	HWUBC	McLaughlin
24	M R2 4+	DUBC	Plant
25	M Ju 16 4+	GHSRC	Mildred
26	M Ju 16 4+	GWBC	Rankin
27	M Ju 16 4+	GHSRC	Cross
28	M Nov 4+	EUBC	Davie
29	M Nov 4+	GWBC	Robertson
30	M Nov 4+	GUBC	Croll
31	M Nov 4+	EUBC	Moore
32	M Nov 4+	Clyde ARC	Brooke
33	M Nov 4+	HWUBC	Macowan
34	M Nov 4+	DUBC	Wilson
35	M Nov 4+	EUBC	Thompson
36	M Nov 4+	SUBC	Dinnett
37	M Nov 4+	SUBC	Kiessling
38	M Nov 4+	GHSRC	Sibbald
39	W R1 4+	EUBC	Parson
40	W R1 4+	GHSRC	Braun
41	W Ju 15 4x	GWBC	Spence
42	W Ju 15 4x	LLARC	Campbell
43	Op Ju 14 4x	GWBC	Walker
44	Op Ju 14 4x	GWBC	Johnston
45	Op Ju 14 4x	NARC	A

* Time Only

DIVISION 2

Start No.	Boat	Club	Name
47	M R2 8+	EUBC	Norman
48	M R2 8+	SUBC	Rae
49	W Op 8+	SABC/CLYDE/GWC/CARC	Gorton
50	MNov 8+	EUBC	Lamb
51	MNov 8+	GUBC	Crowe
52	MNov 8+	SUBC	Dinnett
53	MNov 8+	EUBC	Clouting
54	Mix Nov 8+	Castle Semple	Robertson
55	Mix Nov 8+	Clyde ARC	Swanay
Time Gap			
56	M Ju 18 4x	GWBC	A
57	M Ju 18 4x	GWBC	B
58	M Op 4+	GUBC (A)	Rice
59	M Op 4+	SPRC/SABC/CARC	Scott
60	M Op 4+	GUBC (B)	Simmons
61	M R1 4+	CSRC/SPRC	Murray
62	M R1 4+	HWUBC	Barrow
63	M R1 4+	DUBC	Plant
64	M R1 4+	HWUBC	McLaughlin
65	M Ju 18 4+	SPRC/NARC	Sarahs
66	M Ju 18 4+	GHSRC	Williams
67	M 4+ Vet E	GRC	Trenchard
68	W R2 4+	EUBC	Parsons
69	W R2 4+	SABC	Logan
70	W R2 4+	HWUBC	Doppler
71	W R2 4+	GHSRC	Swann
72	W R2 4+	SPRC	Santoni
73	W R2 4+	EUBC	Miller
74	W R2 4+	CLYDE/CARC	Ayes
75	W Ju 16 4+	GHSRC	Watt
76	W Ju 16 4+	GHSRC	Griffith
77	W Nov 4+	EUBC	Tysler
78	W Nov 4+	GHSRC	Fraser
79	W Nov 4+	DUBC	Rutherford
80	W Nov 4+	HWUBC	Sceviour
81	W Nov 4+	SUBC	Waller
82	W Nov 4+	EUBC	Carter
83	W Nov 4+	HWUBC	Jennings
84	W Nov 4+	EUBC	Ross
85	W Nov 4+	HWUBC	Robson
86	Ju 15 4x	GWBC	Walker
87	Ju 15 4x	LLRC	Mackay
88	Ju 15 4x	GWBC	Barry
89	Ju 15 4x	GWBC	Chappelle
90	W Ju 14 4x	Castle Semple	A
91	W Ju 14 4x	GWBC	Simpson

CLYDESDALE AMATEUR ROWING CLUB

HEAD OF THE RIVER RACE FOR CREWS

(Under S.A.R.A. Rules)

Saturday 4th March 2006 at 12.00 am & 2.30 pm

Information for Competitors

1. Each competitor or a club representative must report to Regatta Control at the Clydesdale boathouse between 10.00 and 10.45 am to –
 - (a) advise any scratchings
 - (b) pay outstanding fees
 - (c) check regatta time and possible changes
 - (d) purchase bow slot at £5.00 (if necessary)

N.B. All boats must have a bow slot to hold the bow number. Failure to display the numbers will result in no time being taken. If bow numbers are not returned after the race or are returned damaged the deposit of £5.00 per number will be forfeited.

2. **START & FINISH:**

The COURSE will be from the STRAIGHT upstream of DALMARNOCK BRIDGE to level with the NELSON MONUMENT in GLASGOW GREEN, approx. 4,000 metres

3. Crews must only use north bank arches (coxwain's left) when proceeding up-stream. If overtaking needs to be undertaken at a bridge, the centre arch may be used but only if there are no downstream crews approaching.

4. Boats must be in position in the ASSEMBLY AREA as shown in the diagram attached, punctually by **11.55 am (Division 1), 2.25pm (Division 2)**

As a guide to less experienced competitors, it may take 20 minutes or more to race over the course, so allow more than this to get to the start.

Any very late crew may be prevented by the umpires from going upstream round the bend at the sewage works

To avoid congestion in the START AREA, competitors arriving early and not wishing to take up their position should NOT go through Dalmarnock Bridge until they are prepared to come under the marshal's instructions. N.B. Normal rules of the river apply before the race, i.e. go upstream on the North Bank and downstream on the South Bank. Crew's must only use North Bank arches (coxwain's left). If overtaking at a bridge, the centre arches may be used only if there are no downstream crews approaching.

5. Boats will be assembled above the Starting Line and will face upstream with **ODD** numbers on the **NORTH** bank

EVEN numbers on the **SOUTH** bank,

each boat half a length apart. The centre of the river should be left clear to allow other competitors free passage to their position.

6. Competitors not above Dalmarnock Bridge by 11.55 pm (Division 1), 2.25 pm (Division 2) will be stopped and held downstream of the Timing Line until all others have started. At the starter's discretion the late comers may be allowed to race but will have a TIME PENALTY of 5 seconds for every minute or part of a minute late.

7. The order for boats to turn and move forward will be given by the Marshals. Proceed downstream to the Start Line in number sequence where your number and "GO" will be called to give a flying start over the Timing Line. The first competitor will start at 12.00 am and the others will follow at approximately 10 second intervals. Any time gap before new starts will be notified at Regatta Control.

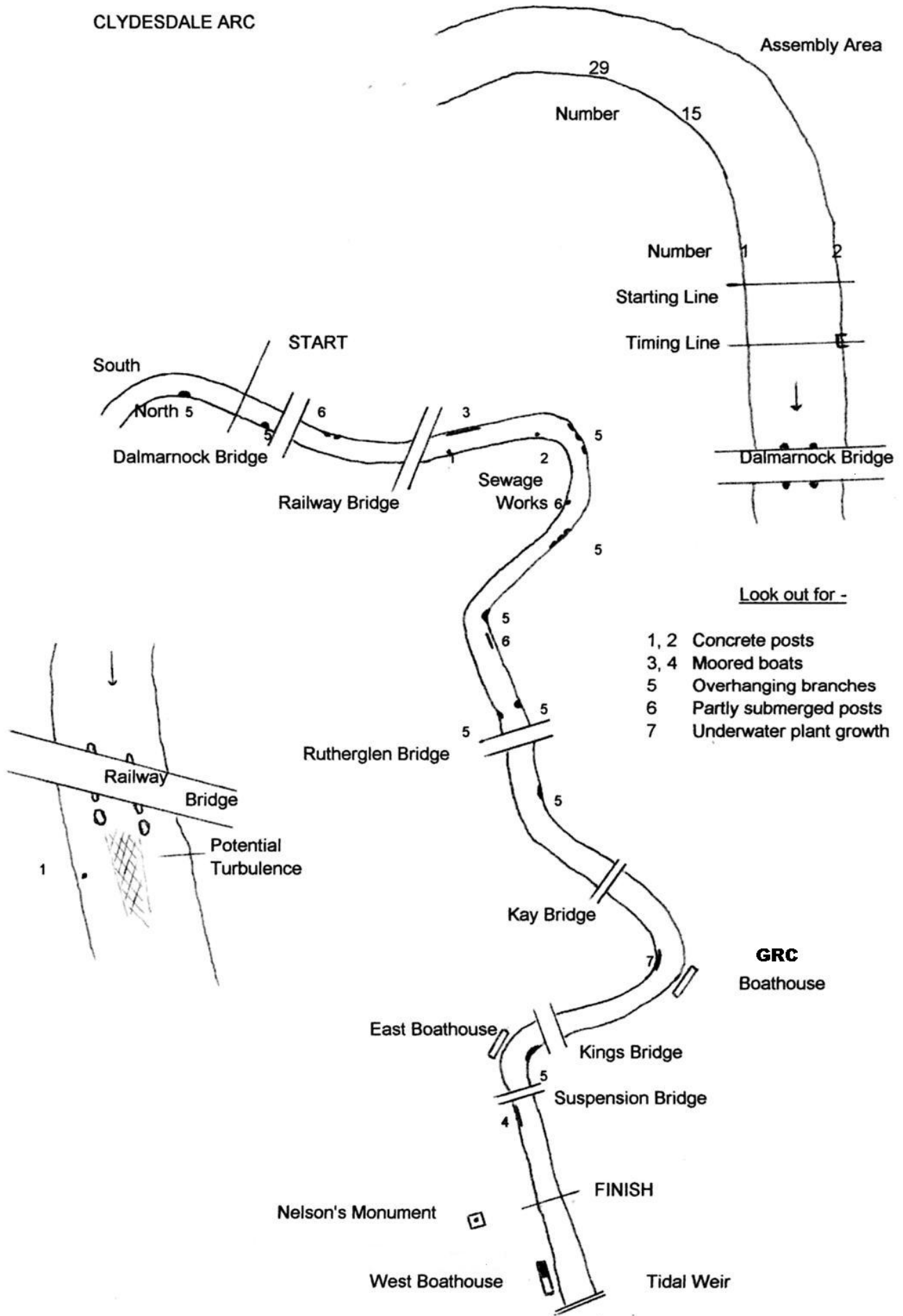
8. Competitors may take any arch they wish at the various bridges on the course. Any restrictions will be notified at Regatta Control.

9. The following instructions have been issued to Umpires who will patrol the course during the race:-
"Boats being overtaken must give way to those overtaking, so that the overtaking boats have a clear course."
Any delay in obeying the Umpire's instructions on the part of a competitor may lead to a disqualification if the overtaking boat is forced out of its course whether or not a clash occurs.

10. Competitors should proceed downstream of the Finish Line before stopping. Competitors returning upstream should proceed in single file up the north (boathouse) side only and should not come back on to the course until the last boat has finished. Those returning to Glasgow boathouse should take care above Kings Bridge not to impede racing crews who may be approaching that bridge.
11. Anyone disregarding the above instructions may not be timed.
12. Results will be announced at 4.00 pm in the Clydesdale clubhouse. Refreshments will be available.
13. SAFETY
 - (a) A safety launch will follow the last competitor downstream
 - (b) Competitors should take careful note of any HAZARDS shown on the map of the course displayed at Regatta Control.
 - (c) All boats must be fitted with a white bow ball
 - (d) Effective heel restraints must be attached to flexible shoes
 - (e) KEEP WELL CLEAR OF THE WEIR

IN THE EVENT OF ADVERSE CONDITIONS, THE RACE MAY BE SHORTENED
OR CANCELLED OR HELD AT AN ALTERNATIVE VENUE.

CLYDESDALE ARC



Look out for -

- 1, 2 Concrete posts
- 3, 4 Moored boats
- 5 Overhanging branches
- 6 Partly submerged posts
- 7 Underwater plant growth

GRC
Boathouse