

Rules

149th Clydesdale ARC Summer Regatta Saturday 6th May 2006, River Clyde, Glasgow Green

Entries

1. The regatta will be held under S.A.R.A. rules
2. Entries **must** be received by **5pm on SATURDAY 29th APRIL 2006**.
The Regatta Secretary is Gary Carden, Flat 2/2 178 SALTMARKET GLASGOW G1 5LA
tel: 07835824628 (mobile); e-mail: entries@clydesdalearc.org.uk
The draw will be held at 5pm on Sunday 30th APRIL 2006
3. The organising committee reserves the right to cancel any event. Where there are insufficient entries in one event, a crew or sculler may be moved to the next event, **unless instructed specifically not to**.
Where there are insufficient entries for a Veteran event, the organising committee reserves the right to combine categories in a handicapped event, **unless specifically instructed not to**.
4. **Multiple entries** (competitors and equipment) **MUST** be clearly marked on the entry form.
Double entries will be accepted but it is the responsibility of competitors to meet the start times.
Triple entries MUST be prioritised and will only be accepted at the discretion of the regatta committee.
5. Entry fees are:
SENIOR EVENTS: £5.50 per seat JUNIOR EVENTS: £3.50 per seat COXES: Free
£100 maximum per club for entry to Junior Events. Entry fees include the SARA levy.
For fees paid in advance, a discount of 50p per seat will apply: Senior £5 per seat, Junior £3 per seat

PAYMENT SHOULD ACCOMPANY THE ENTRY FORM. Cheques should be made payable to Clydesdale ARC. One cheque per club.

No club will be allowed to race unless the complete entry has been paid.

Payment must be made for all cancellations within 48 hours of the event.

6. Status rules: Restricted 1 crew must have an average of no more than 8 points per member.
Restricted 2 crews must have an average of no more than 3 points per member.
7. Event no 112: Entries for "**CLUB**" eights shall consist of 2 senior men, 2 junior men, 2 women (senior or junior) & 2 veterans (men or women)
Event no 113: Entries for "**MIXED**" fours shall consist of 2 men & 2 women
Event no 114: Entries for "**GENERATION**" doubles shall consist of one senior/veteran & one junior from the same family.
8. ****Beginner sculls** Event no 116. Alden Quests will be provided by the club for all competitors involved in beginner races. This even is for senior novice scullers.
9. Junior events are now held in either open or womens categories (Rule E7). Junior women can now enter the junior event for men either as whole crew or in male/ female crew in any combination. Crews in womens events must be female.

The Course and Conduct of Racing

1. 1500m races will be from a free start at Polmadie Bridge. There will be an 8m stagger in favour of the South Bank to compensate for bends. 500m races will be from a free start above the suspension bridge. Beginner sculls events will be held over 250m. All races finish at the Clydesdale fence.
2. All competitors must ensure all their equipment meets the necessary rules prior to boating and allow adequate time **for boating and getting to the start. Boats must be launched and returned to the steps FACING UPSTREAM. Competitors must follow marshals' instructions.**
3. Crews proceeding upstream to the 1500m start should go upstream
(A) ON THE NORTH (BOATHOUSE) SIDE UNTIL THROUGH KINGS' BRIDGE
(B) ONCE THROUGH KINGS BRIGE, CROSS TO THE SOUTH BANK AND PROCEED TO POLMADIE BRIDGE ON THE SOUTH BANK.
4. Crews should report to the start 5 minutes before race time or **risk disqualification** if not on the start at the appointed time. Note that times shown in the Regatta Programme are start times.
5. First named crew will race on the North Bank.

Safety Information

1. Competitors should be aware of the SARA Water Safety Code and Guidance Notes.
2. All competitors should especially note the following safety requirements.
 - ❑ All boats must be water worthy including bow balls and foot restraints
 - ❑ All coxes must wear lifejackets**Those not meeting these requirements will be unable to compete on the day.**
3. A Regatta Safety Advisor and Medical Advisor will be appointed. Their names will be available at Regatta Control. Emergency telephone numbers are displayed in the boathouse.
4. Competitors should acquaint themselves with the **map of the course, including hazards**, displayed in the Boathouse.