

**Clyde Head**  
**Saturday 14<sup>th</sup> October 2006, commencing 10.30am**

**Venue:** The West Boathouse, Glasgow Green, The River Clyde,  
Glasgow

**Entry Fees:** £4 Seniors/£3 Juniors per seat per division  
(Incl. SARA levy). Coxes free.  
Entries to be paid prior to racing on the day via cheques  
made payable to 'Clyde A.R.C'

**Entries Close:** Sunday 8<sup>th</sup> October 2006 at 12 noon

**Draw made:** Monday 9<sup>th</sup> October 2006 at the West Boathouse

**Entries to:** Matt Loader  
Flat 2/2 66 Wilton Street  
Glasgow  
G20 6RU

**Or via email:** [matt\\_loader10@hotmail.com](mailto:matt_loader10@hotmail.com)

t: 07727 182 726

- Please complete entry form as attachment

Racing conducted under SARA rules

## **Regatta Information**

Course – Approximately 3000M from the blue railings to the monument on Glasgow Green.

Boating – Please boat in plenty of time for your race. There will be a Steps Marshall at the West Boathouse to ensure crews boat as efficiently as possible. Do your bit by making sure you have everything ready to go before you get to the steps, as you may hold someone else up if you delay by forgetting a cox box, blade or crew member.

Safety - All competitors and coaches must make themselves aware of the rules and guidelines covering the river Clyde, copies of which are attached at the end of this pack. These rules and guidelines along with the SARA safety rules should be adhered to. The regatta committee would like to draw particular attention to the rule stating that all coaches and club assistants on the tow path should carry throw ropes. Life belts are positioned at intervals of approximately 100m along the river bank. Another safety point we wish to emphasise is the turning of boats well clear of the gates of the tidal weir.

In addition to Clyde Rowing Club having safety boats on the water, Glasgow Humane Society shall be providing extra safety cover.

Medical assistance will be available from the Clyde Rowing Club boathouse. In the event of any emergency the emergency services should be contacted by yourself on 0141 532 3000 or 999.

Access - Competitors, coaches and visitors are requested to refrain from climbing riverside fences. Vehicular movement within Glasgow Green is regulated by Glasgow City Council. The stated limit is 5mph. In addition it would be appreciated if vehicular movement is kept to a minimum.

Cakes – There will be a cornucopia of confectionary available for purchase at crazy prices in the West Boathouse.

*Clyde ARC wishes all competitors and spectators a fun day's racing!*