

# INVERNESS ROWING CLUB

## TENON VIIIs AND SMALL BOATS HEAD

Saturday 18th February 2006

### LOCAL RULES

- 1 All racing will be run in accordance with SARA Rules of Racing. All competitors must be in possession of a current racing licence. Anyone contravening the Rules will be disqualified.
  - 2 Veteran races will be handicapped - handicaps will be applied at the finish.
  - 3 Racing will be over a 4500m course (approx)
  - 4 All crews **MUST** be in the start area 10 minutes before the start of each race. Please allow sufficient time to reach the start. Please ensure that sufficient clothing is taken to the start in the unlikely event of a delay. **To ensure all crews reach the Start in plenty time NOVICE Crews must be boated by 10.30 hrs for the 1<sup>st</sup> Division and 13.30 hrs for the 2<sup>nd</sup> Division. Late boating may lead to you being disqualified. All boats must be past the Kennels by 11.00 hrs in Division 1 and 14.00 hrs in Division 2. Failure to obey this rule is likely to lead to disqualification.**
  - 5 **Time penalties** will be awarded to crews arriving at the start after 11.20 and 14.20. 5 seconds will be applied for every minute late to the start.
  - 6 Crews should proceed upstream on the **NORTH** side of the canal (right hand bank looking upstream). Please note that boats should move to the south side of the canal at the black barge (approximately 600 meters below Dochgarroch Lock gates) and line up in the correct sequence with their bows facing the lock. Please see the document called "**START PROCEDURE**" for details.
  - 7 As a requirement of the Waterways Board and SARA **ALL COXES MUST** wear life jackets.
  - 8 All crews **MUST** obey marshals at all times.
  - 9 After the finish all boats **MUST** paddle clear of the finish line and stay on the water till they are called onto a landing area by a landing marshal.
  - 10 **ALL** entry fees must be paid prior to boating.
  - 11 **There will be a short meeting for senior club representatives, coxes and club coaches at 10.10 to explain new start procedures.**
- Hot drinks and food will be available all day.
  - We hope that you enjoy the day and the excellent rowing which the Caledonian Canal offers.

Ken Sinclair  
Regatta Secretary