

1st4sport Qualifications

The awarding body for active learning and leisure

Strength & Conditioning Coach Education Course Candidate Application Form

Candidates applying for the Level 2 Certificate in Coaching Strength & Conditioning, or the BWLA Leaders or Weightlifting Instructors Award should use this form.

* indicates mandatory information.

Please complete all sections in BLOCK CAPITALS.

Core Information

Surname*		Title*	
First name*		<i>Known as name</i>	
Gender*	Female / Male	Date of Birth*	
Full Postal Address*	Postcode*		
Home Telephone No.*		Work Telephone No.	
Mobile		Fax	
E-mail*			
(W)BWLA number (* if member)		Club (* if member)	

Ethnicity*

I would describe my ethnic origin as:

White British		White Irish		White European	
White Non-European		Mixed White and Black Caribbean		Mixed White and Black African	
Mixed White and Asian		Other Mixed Background		Indian	
Asian British Indian		Pakistani		Asian British Pakistani	
Bangladeshi		Asian British Bangladeshi		Other Asian	
Black Caribbean		Black African		Black British	
Other Black		Chinese		Other	
					Prefer not to say

Do you consider yourself to have a disability?*	Yes / No / Prefer not to say
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If Yes, what is the nature of your disability?

Hearing		Visual		Physical		Learning	
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Multiple	Other	Prefer not to say
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Coach Profile Information

Do you hold any S&C or weightlifting Coaching Awards?*	Yes / No
If yes, please state your current level e.g. BWLA Leaders, UKSCA Accreditation, CSCS etc.	
How many hours per week do you coach?*	
Which type of participant do you coach e.g. Juniors (11-14), Beginners, etc	
Are you employed to coach S&C and weightlifting?*	Yes / No
If yes, is it part time, full time or part of the job e.g. teacher?	
Have you any health conditions, impairments or disabilities of which the Course Organiser, Tutors or Assessors should be aware?*	Yes / No
Please give details if yes:	

The RFU's/BWLA's Child Protection Policy requires all coaches working with young people and vulnerable adults to undertake a CRB check. Are you/will you be working with young people?*	Yes / No
If yes, have you completed a CRB enhanced disclosure?	Yes / No
If no to the second question: please ring the Criminal Records Bureau (CRB) on 0870 90 90 844.	

Course Details

Qualification applied for Tick one*	BWLA Leaders		
	BWLA Weightlifting Instructors Award		
	Level 2 Certificate in Coaching Strength & Conditioning		
Course dates*		Course fee attached*	£
Course venue*		VAT Registered? *	Yes / No

Please ensure that you make cheques payable as requested by the Course Organiser.

I understand and agree that, if accepted, the fee, or any part of the fee, will not be refunded if I fail to start or complete the course. I understand that the RFU and BWLA have adopted the sportscoachUK Code of Conduct. I agree to uphold its principles and practices in my coaching.

Signature: