

SARA Trial: Inverness, February 17th 2007

Information for trialists

The trial is planned to take place before the Inverness 8's and Small Boats Head, so athletes are advised that as an early start is likely, travel up to Inverness is recommended on the Friday evening or earlier.

The trial is to be carried out in either 1x or 2-. All athletes are responsible for arranging their own boats, transport and accommodation. Any sweep athletes without a pairs partner are asked to contact Ian Hunter (mail@isms88888.fsnet.co.uk) as soon as possible to see if combinations can be put together.

The National Rowing Academy has a limited number of pairs which are available for hire for this trial on a first-come, first-served basis. Contact the Team Manager early if you require assistance with booking these.

It is the intention of the Performance Planning Group to run a coaching advice session, led by Alastair Warnock and Lindsay Dick, on the Sunday after the trial. Details of this session to follow but athletes and their coaches are encouraged to attend and give/receive feedback.

Can all athletes invited, please inform the Team Manager (via email to lee.boucher@scottish-rowing.org.uk) of their intention to attend by Wednesday 31st January. Please can you also let Lee Boucher know what boat type you are entering and if a coaching session was run on the Sunday, would you be likely to attend.

A full timetable for the trial and the coaching session, along with a starting order and safety information, will be published on the SARA Website by Friday 2nd February.

If anybody has any other issues they may get in touch with Lee Boucher, Team Manager via email (lee.boucher@scottish-rowing.org.uk) or mobile (07818077612).