

Clyde Head
Saturday 29th November 2008, commencing 10.30am

Venue:

The West Boathouse, Glasgow Green, The River Clyde,
Glasgow

Entry Fees:

£5.50 per *sliding seat* (including SARA Levy)
(coxes free)

Entries to be paid prior to racing on the day via cheques
made payable to 'Clyde A.R.C'

Entries Close:

Sunday 23rd November 2008 at 12 midnight

Draw made:

Monday 24th November 2008

Entries to: Caitie Gorton-Phillips
Flat 2/1, 372 Langside Road
Glasgow
G42 8XR

Or via email: entries@clydearc.org.uk

t: 07921 004438

- Please complete entry form as attachment
Racing conducted under SARA rules

Regatta Information

Course: approximately 3000M from the blue railings to the monument on Glasgow Green.

Boating – Please boat in plenty of time for your race. There will be a Steps Marshall at the West Boathouse to ensure crews boat as efficiently as possible. Do your bit by making sure you have everything ready to go before you get to the steps, as you may hold someone else up if you delay by forgetting a cox box, blade or crew member.

Circulation – Boats should proceed upstream to the start on the North Bank (Strokeside/Port Bank) of the river, passing through North arches of all bridges. Whilst racing, crews must pass through the centre arches of all bridges. Please see the Safety Information/Risk Assessment document.

Safety - All competitors and coaches must make themselves aware of the rules and guidelines covering the River Clyde, copies of which are attached at the end of this pack. These rules and guidelines along with the SARA safety rules should be adhered to.

The regatta committee would like to draw particular attention to the rule stating that all coaches and club assistants on the tow path should carry throw ropes. Life belts are positioned at intervals of approximately 100m along the river bank. Another safety point we wish to emphasise is the turning of boats well clear of the gates of the tidal weir.

In addition to Clyde ARC having safety boats on the water, Glasgow Humane Society shall be providing extra safety cover.

Medical assistance will be available from the Clyde ARC boathouse. In the event of any emergency, however, please contact the emergency services yourself immediately on 0141 532 3000 or 999, prior to seeking further assistance from the regatta organisers.

Access - Competitors, coaches and visitors are requested to refrain from climbing riverside fences. Vehicular movement within Glasgow Green is regulated by Glasgow City Council. **The stated limit is 5mph.** In addition it would be appreciated if vehicular movement is kept to a minimum.

Cakes – There will be a cornucopia of confectionary available for purchase at crazy prices in the West Boathouse.

Clyde ARC wishes all competitors and spectators a fun day's racing!