



Monday 11th February 2008

Dear athlete / coach,

Please find below a timetable and information relating to the SARA Long Distance Trial, being held in Inverness on Saturday 17th February.

Timetable

Registration / Weigh-In Opens	7.00
Registration / Weigh-In Closes	8.00
Coaches/ Stewards Meeting	8.05 - 8.15
Trial Starts	10.00

Registration

Registration will open between the hours of 7am and 8am. Upon registration athletes must provide photographic identification, a valid SARA racing licence and registration fee of £10 (please bring correct change). Bow slot numbers will be issued subject to a £5 refundable deposit.

Lightweights

Lightweights will be required to weigh-in. Please note that lightweights will be required to meet the weights outlined in the Selection Policy – maximum 60kg for women and 73kg for men. There are no averages for pairs. Those that do not make weight will be allowed to race but will be listed in the heavyweight category.

Safety

In the interests of safety, it would be appreciated if all coaches would act as marshals. Coaches should NOT attempt to follow their crews down the course. Marshals will only assist athletes with their steering, should a collision be inevitable. Could all coaches who have megaphones and throw lines, please bring them along.

Insurance

It is the responsibility of the athletes and coaches to ensure that they and their equipment are adequately insured; including provision for Third Party Cover.

Boating and Facilities

We are able to use the facilities of Inverness Rowing Club. Please respect the facilities of the club. Limited food and refreshments can be purchased on site. Boating will be available on the towpath to the North of Tomnahurich Swing Bridge (turn right after going over the bridge), beside the Jacobite Cruises Office, and at Inverness Rowing Club. If in doubt where to boat at, boat where your club is boating for the IRC 8s Head.

Racing

The trial will be run with reference to the SARA rules of racing.



If any athlete or coach has any questions, please do not hesitate to get in touch with me, via email or phone.

I look forward to meeting with you all up in Inverness.

Yours in Rowing,

A handwritten signature in black ink that reads 'Lee Boucher'. The signature is written in a cursive style with a large, sweeping 'L' and 'B'.

Lee Boucher
Team Manager
Scottish Amateur Rowing Association
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SARA Long Distance Trial – February 2008 – Inverness

Start Order

Number	Name(s)	Club	Class
1	Bryan Schooling / Andrew Crosland	Aberdeen BC	M Open Hwt 2-
2	Brook McLaughlin / Chris Pollock	Heriot-Watt University BC / Heart of Scotland BC	M Open Hwt 2-
3	Andrew McConnell / Chris Phillips	Clydesdale ARC	M Open Lwt 2-
4	Daniel Shankland / Joseph Barton	Castle Semple RC / Strathclyde Park RC	M U23 Lwt 2-
5	Andrew Barton / Fraser Quinn	Strathclyde Park RC	M U23 Lwt 2-
6	James Murphy	Clyde ARC	M Open Hwt 1x
7	Chris Rae	Clydesdale ARC	M U23 Hwt 1x
8	Jonny Logan	Clyde ARC	M Open Lwt 1x
9	Richard Crosland	Aberdeen BC	M Open Lwt 1x
10	Roberto Usai	Clyde ARC	M Open Lwt 1x
11	Iain Docwra	Heriot-Watt University BC	M U23 Lwt 1x
12	Colin Sinclair	Inverness RC	M Junior 1x
13	Craig Colquhoun	Clydesdale ARC	M Junior 1x
14	Gavin Murty	Clydesdale ARC	M Junior 1x
15	Atholl Wallace / Gary Wilson	Aberdeen Schools RA	M Junior 2x
16	Ellie Dorman / Stephanie McDowall	Clydesdale ARC / Aberdeen University BC	W Open Hwt 2-
17	Sally Pollok-Morris	Reading RC	W Open Hwt 1x
18	Lorna Logan	Clyde ARC	W Open Hwt 1x
19	Amanda Larcombe	Clyde ARC	W U23 Hwt 1x
20	Kelly Limond	Clydesdale ARC	W Open Lwt 1x
21	Imogen Walsh	Clyde ARC	W Open Lwt 1x
22	Faye Borthwick	Clydesdale ARC	W Open Lwt 1x
23	Megan Mackie	Dundee University BC	W U23 Lwt 1x
24	Judith Herbert	Robert Gordon University Boat Club	W U23 Lwt 1x
25	Emma McCahill	Clydesdale ARC	W Junior 1x
26	Lucy Bonnamy	Aberdeen Schools RA	W Junior 1x
27	Claire Baillie	Clydesdale ARC	W Junior 1x
28	Aileen Stirling	Clydesdale ARC	W Junior 1x
29	Jamie Steel / Iona Riley	Aberdeen Schools RA	W Junior 2x
30	Catriona Bain / Rosie Morton	Aberdeen Schools RA	W Junior 2x