

# Clydesdale Amateur Rowing Club

THE HEAD OF THE RIVER RACE FOR SCULLERS

ON SATURDAY 10<sup>TH</sup> OCTOBER 2008 AT 12.00 PM  
AND DOUBLE SCULLS AT 2.30 PM  
(under S.A.R.A. rules and in it's Forty-Third Year)



---

## Information for Competitors

1. Each competitor or a club representative must report to Regatta Control at the Clydesdale boathouse between 10am and 11am for SINGLES and before 1pm for DOUBLES to –
  - (a) advise any scratchings
  - (b) pay outstanding fees
  - (c) check regatta time
  - (d) collect identification numbers

N.B. All boats must have a bow slot to hold the bow number. In addition a cloth number should be pinned to the back of your racing singlet. Failure to display the numbers will result in no time being taken. If bow numbers and/or cloth numbers are not returned after the race or are returned damaged then a deposit of £5.00 will be forfeited for both the bow number **AND** the cloth number.

2. The COURSE will be from the STRAIGHT upstream of DALMARNOCK BRIDGE to level with the NELSON MONUMENT in GLASGOW GREEN, approx. 4,000 metres.
- 3(a) Boats must be in position in the ASSEMBLY AREA as shown in the diagram attached, punctually by 11.55am for SINGLES and 2.25 for DOUBLES  
As a guide to less experienced competitors, it may take 20 minutes or more to race over the course, so allow more than this to get to the start.

Competitors not above the Sewage Works Bend Time Gate by 11.50am for SINGLES and 2.20pm for DOUBLES will be turned back and not permitted to race.

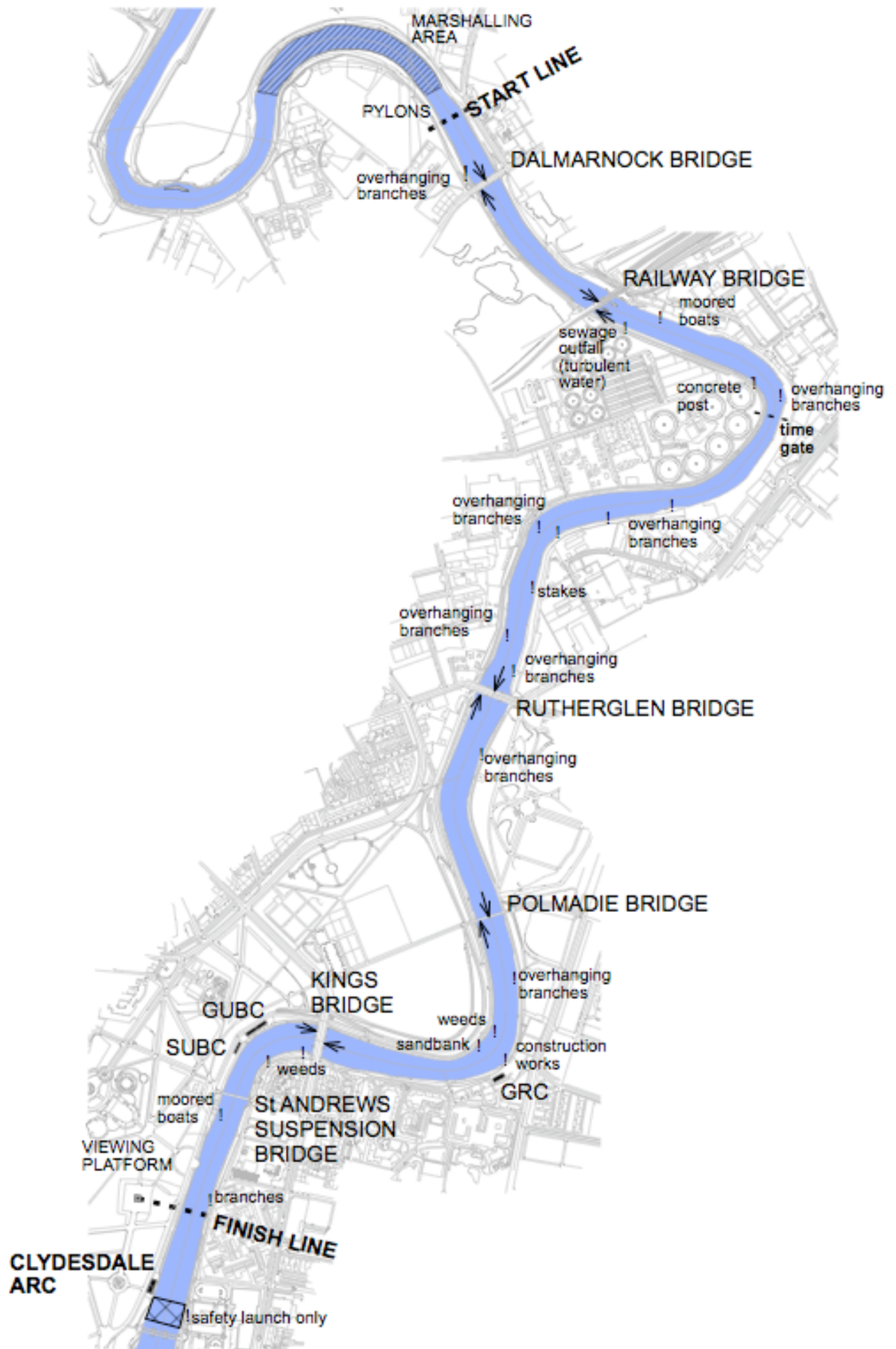
To avoid congestion in the START AREA, competitors arriving early and not wishing to take up their position should NOT go through Dalmarnock Bridge until they are prepared to come under the marshal's instructions. N.B. Normal rules of the river apply before the race, i.e. go upstream on the North Bank and downstream on the South Bank.

- 3(b) Boats will be assembled above the Starting Line and will face upstream with ODD numbers on the NORTH bank and EVEN numbers on the SOUTH bank, each boat half a length apart. The centre of the river should be left clear to allow other competitors free passage to their position.
- 3(c) At the starter's discretion the late comers may be allowed to race but will have a TIME PENALTY of 5 seconds for every minute or part of a minute late.

4. The order for boats to turn and move forward will be given by the Marshals. Proceed downstream to the Start Line in number sequence where your number and "GO" will be called to give a flying start over the Timing Line. The first competitor will start at race time and the others will follow at approximately 10 second intervals. Any time gap before new starts will be notified at Regatta Control.
5. Competitors may take any arch they wish at the various bridges on the course. Any restrictions will be notified at Regatta Control.
6. The following instructions have been issued to Umpires who will patrol the course during the race:-  
**"Boats being overtaken must give way to those overtaking, so that the overtaking boats have a clear course."**  
Any delay in obeying the Umpire's instructions on the part of a competitor may lead to a disqualification if the overtaking boat is forced out of its course whether or not a clash occurs.
7. Competitors should proceed downstream of the Finish Line before stopping. Competitors returning upstream should proceed in single file up the north (boathouse) side only and should not come back on to the course until the last boat has finished. **THOSE RETURNING TO GLASGOW RC BOATHOUSE SHOULD TAKE CARE ABOVE KINGS BRIDGE NOT TO IMPEDE RACING SCULLERS WHO MAY BE APPROACHING THAT BRIDGE.**
8. Anyone disregarding the above instructions may not be timed.
9. Results will be announced at 4.30 pm in the Clydesdale clubhouse. Refreshments will be available.
10. SAFETY
  - (a) A safety launch will follow the last competitor downstream.
  - (b) Competitors should take careful note of any HAZARDS shown on the map of the course displayed at Regatta Control.
  - (c) All boats must be fitted with a white bow ball.
  - (d) Effective heel restraints must be attached to flexible shoes.
  - (e) KEEP WELL CLEAR OF THE WEIR.

IN THE EVENT OF ADVERSE CONDITIONS, THE RACE MAY BE SHORTENED OR CANCELLED.

As river conditions can change quickly at this time of year, the river is checked constantly and a decision taken as early as possible whether to run the Head or cancel if the river is in spate. A club representative will be contacted provided that a contact number has been provided.



# CLYDESDALE AMATEUR ROWING CLUB

## Head of the River Race for Single Scullers

10 October 2009 at 12.00pm (under SARA rules)

Course – Dalmarnock to Monument (approx. 4km)

---

Start Number	Club	Event	Surname	Firstname	Notes
1	Clydesdale ARC	M1x	McConnell	Andrew	
2	Glasgow RC	MRes2 1x	Saraha	Alastair	
3	Glasgow RC	MRes2 1x	Scrimgeour	Sam	
4	George Watsons Col BC	OJul8 1x	McBrierty	Callum	
5	Castle Semple RC	MVet 1x	Holmes	Martin	Vet C
6	Glasgow RC	M1x	Holmes	Alan	
7	Stirling RC	MVet 1x	Brown	William H.	Vet E
8	Clydesdale ARC	OJul8 1x	Murty	Gavin	
9	George Watsons Col BC	OJul8 1x	Mabon	Craig	
10	George Watsons Col BC	OJul6 1x	Walker	Ian	
11	George Watsons Col BC	OJul8 1x	Walker	Michael	
12	Glasgow RC	MRes2 1x	Loader	Matthew	
13	Stirling RC	OJul8 1x	Hall	Gregor	
14	Strathclyde Park RC	W1x	Limond	Kelly	
15	Clydesdale ARC	OJul8 1x	Brown	Kieran	
16	Clydesdale ARC	MRes2 1x	Foran	Michael	
17	Clydesdale ARC	OJul8 1x	MacMaster	Jamie	
18	Clyde ARC	W1x	Walsh	Imogen	
19	George Watsons Col BC	OJul8 1x	Murray	Patrick	
20	Loch Lomond ARC	MVet 1x	Summers	Andrew	Vet C
21	Clydesdale ARC	WRes2 1x	Young	Rosie	
22	George Watsons Col BC	OJul6 1x	Marshall	Euan	
23	Glasgow Schools RC	WJul8 1x	McCahill	Emma	
24	Inverness RC	MVet 1x	Duff	Alastair	Vet C
25	Clyde ARC	W1x	Gorton-Phillips	Caitie	
26	Strathclyde Park RC	MVet 1x	Hewitt	Tom	Vet F
27	Clydesdale ARC	WNov 1x	Baillie	Claire	
28	Clydesdale ARC	OJul6 1x	Galano	Claudio	
29	Glasgow RC	MNov 1x	Vallett	Raphael	
30	Clydesdale ARC	MVet 1x	MacFarlane	Douglas	Vet D
31	George Watsons Col BC	WJul8 1x	Findlay	Rhona	
32	Loch Lomond ARC	MVet 1x	Claxton	Martin	Vet D
33	Aberdeen BC	MVet 1x	Mathieson	Richard	Vet F
34	Clydesdale ARC	WRes2 1x	Jowitt	Michele	
35	Glasgow RC	WRes2 1x	Swann	Polly	
36	George Watsons Col BC	OJul8 1x	Rankin	Matthew	
37	Strathclyde Park RC	WJul8 1x	Darylmpie	Hannah	
38	Clydesdale ARC	WRes2 1x	Worthy	Diana	
39	Clydesdale ARC	MVet 1x	Eadie	John	Vet F
40	Castle Semple RC	WJul8 1x	Hiddleston	Claire	
41	George Watsons Col BC	OJul6 1x	MacKenzie	Gordon	
42	Castle Semple RC	OJul4 1x	Afuakwah	Alexander	
43	Clydesdale ARC	WJul8 1x	Arnold	Rachel	
44	Clydesdale ARC	WJul8 1x	McNee	Sarah	
45	Loch Lomond ARC	MVet 1x	Harkins	Denis	Vet F
46	Loch Lomond ARC	MNov 1x	Sartine	Joseph	
47	Glasgow RC	WRes2 1x	Reid	Jen	
48	Loch Lomond ARC	OJul6 1x	Claxton	Tom	
49	George Watsons Col BC	OJul6 1x	Frew	Alexander	
50	Berwick RC	MVet 1x	Parsonage	George	Vet G
51	Glasgow Schools RC	WJul8 1x	Colley	Emily	
52	Clydesdale ARC	WRes2 1x	Malone	Maureen	
53	Castle Semple RC	MVet 1x	Weir	Cliff	Vet B

---

**Time Gap for New Starts**

---

54	Stirling RC	MIx	Henderson	Gordon	
55	St Andrew BC	MIx	Collings	Robin	
56	Clydesdale ARC	MIx	Barton	Andrew	
57	Glasgow RC	MIx	Stevenson	Jonathan	
58	Clyde ARC	MIx	Murphy	James	
59	Glasgow RC	MRes2 1x	Elliot	Doug	
60	Heriot Watt Uni BC	MRes2 1x	Prot	Erwan	
61	Clydesdale ARC	MRes2 1x	Quinn	Fraser	
62	Glasgow RC	MRes2 1x	Docwra	Iain	
63	Clydesdale ARC	MRes2 1x	Houghton	Simon	
64	Glasgow RC	MRes2 1x	Dreghorn	Graeme	
65	Clydesdale ARC	MRes2 1x	Inge	David	
66	St Andrew BC	MRes2 1x	Smith	Nick	
67	St Andrew BC	MRes2 1x	Darroch	Niall	
68	Clydesdale ARC	MRes2 1x	Phillips	Chris	
69	Glasgow RC	MNov 1x	Nabinia	Akbar	
70	Glasgow RC	MNov 1x	Pieris	Milesh	
71	Dundee Uni BC	MNov 1x	Toal	Nicky	
72	George Watsons Col BC	OJu18 1x	Stephen	Calum	
73	Castle Semple RC	OJu18 1x	Campbell	Lorne	
74	St Andrew BC	OJu18 1x	Warden	Scott	
75	Strathclyde Park RC	OJu18 1x	McGovern	Robert	
76	Clydesdale ARC	OJu18 1x	Houston	Iain	
77	Castle Semple RC	OJu16 1x	Campbell	Finn	
78	Strathclyde Park RC	OJu16 1x	Ord	Graham	
79	Clydesdale ARC	OJu16 1x	Donoghue	Edward	
80	George Watsons Col BC	OJu14 1x	Dryden	Jack	
81	George Watsons Col BC	OJu14 1x	Duncan	Hamish	
82	Clydesdale ARC	OJu14 1x	Leask	Harry	
83	George Watsons Col BC	OJu14 1x	Smith	Lewis	
84	George Watsons Col BC	OJu14 1x	Stevenson	James	
85	St Andrew BC	MVet 1x	Wildenhain	Jan	Vet A
86	Loch Lomond ARC	MVet 1x	McGregor	Allan	Vet B
87	Loch Lomond ARC	MVet 1x	Yeomans	Michael	Vet C
88	Loch Lomond ARC	MVet 1x	Arnold	Paul	Vet C
89	St Andrew BC	MVet 1x	Morrice	Mike	Vet D
90	Glasgow RC	MVet 1x	Craig	Peter	Vet F
91	St Andrew BC	MVet 1x	Munro	John H.	Vet F
92	St Andrew BC	MVet 1x	Lowe	Bruce	Vet H
93	St Andrew BC	WIx	Rutter	Alison	
94	Glasgow RC	WIx	Larcombe	Amanda	
95	Strathclyde Park RC	WIx	Connal	Gillian	
96	Clyde ARC	WIx	Mackie	Megan	
97	St Andrew BC	WIx	Spitzer	Michaela	
98	Glasgow Uni BC	WIx	McDowall	Stephanie	
99	Strathclyde Park RC	WIx	Ord	Ailie	
100	St Andrew BC	WRes2 1x	Hastie	Helen	
101	St Andrew BC	WRes2 1x	Litchen	Catherine	
102	Clydesdale ARC	WNov 1x	Cobb	Amanda	
103	Castle Semple RC	WNov 1x	Parker	Caroline	
104	Loch Lomond ARC	WNov 1x	Rankin	Eva M.	
105	Heriot Watt Uni BC	WNov 1x	Stewart	Gillian	
106	Castle Semple RC	WNov 1x	Afuakwah	Lesley	
107	Clydesdale ARC	WJu18 1x	Allan	Kirstin	

108	Glasgow RC	WJul 6 1x	Davison	Olivia
109	George Watsons Col BC	WJul 6 1x	Dun	Heather
110	George Watsons Col BC	WJul 6 1x	Gillies	Robyn
111	Castle Semple RC	WJul 6 1x	Horsburgh	Caitlin
112	Glasgow RC	WJul 6 1x	Ianniello	Maria
113	George Watsons Col BC	WJul 6 1x	Lowden	Rebecca
114	Castle Semple RC	WJul 6 1x	McDonald	Emma
115	Strathclyde Park RC	WJul 6 1x	McGovern	Pauline
116	Castle Semple RC	WJul 6 1x	Hiddleston	Kirsty

## CLYDESDALE AMATEUR ROWING CLUB

### Head of the River Race for Double Scullers

10 October 2009 at 2.30pm (under SARA rules)

Course – Dalmarnock to Monument (approx. 4km)

Start Number	Club	Event	Bow	Stroke	Notes
117	Glasgow RC	M2x	Holmes	Sarabs	
118	Clyde ARC	M2x	Gildea	Murphy	
119	Clydesdale ARC	M2x	Barton	McConnell	
120	Clydesdale ARC	MRes2 2x	Barton	Quinn	
121	Heriot Watt Uni BC	MRes2 2x	Conway	Prot	
122	Clydesdale ARC	MRes2 2x	Foran	Houghton	
123	St Andrew BC	MRes2 2x	Warden	McAteer	
124	Heriot Watt Uni BC	MRes2 2x	McShea	Martin	
125	Strathclyde Uni BC	MRes2 2x	Douglas	Duncan	
126	Dundee Uni BC	MRes2 2x	Lockwood	Toal	
127	Castle Semple RC	MVet 2x	Holmes	Murray	Vet B
128	Loch Lomond ARC	MVet 2x	Yeomans	Wilson	Vet C
129	Loch Lomond ARC	MVet 2x	McGregor	Summers	Vet C
130	Strathclyde Park RC	MVet 2x	Troy	Duguid	Vet C
131	St Andrew BC	MVet 2x	Munro	Morrice	Vet E
132	Strathclyde Park RC	MVet 2x	Hewitt	McGovern	Vet E
133	Clydesdale ARC	OJul 8 2x	Houston	Malone	
134	George Watsons Col BC	OJul 8 2x	Mabon	Murray	
135	CARC/GSRC	OJul 8 2x	Brown	Murty	
136	George Watsons Col BC	OJul 8 2x	Rankin	Stephen	
137	George Watsons Col BC	OJul 8 2x	McBrierty	Walker	
138	LLRC/CSRC	OJul 6 2x	Claxton	Afuakwah	
139	George Watsons Col BC	OJul 6 2x	MacKenzie	Frew	
140	Strathclyde Park RC	OJul 6 2x	Ord	King	
141	Clydesdale ARC	OJul 6 2x	Galano	Leask	
142	St Andrew BC	OJul 6 2x	Cassie	Leman	
143	George Watsons Col BC	OJul 6 2x	Walker	Marshall	
144	George Watsons Col BC	OJul 4 2x	Dryden	Duncan	
145	Clydesdale ARC	OJul 4 2x	Galano	Malone	
146	George Watsons Col BC	OJul 4 2x	Anderson	Marshall	
147	Clyde/SABC	W2x	Gorton-Phillips	Spitzer	
148	SPRC/GSRC	W2x	Limond	McCahill	
149	Clyde ARC	W2x	Mackie	Walsh	
150	Strathclyde Park RC	W2x	Ord	Connal	
151	St Andrew BC	W2x	Rutter	Hastie	
152	Clydesdale ARC	WRes2 2x	Jowitt	Hastie	
153	Dundee Uni BC	WRes2 2x	Warburton	Hugot	
154	St Andrew BC	WRes2 2x	Compton	Johnson	
155	Clydesdale ARC	WRes2 2x	Main	Levett	
156	Clydesdale ARC	WRes2 2x	Park-Toal	MacKinnon	

157	St Andrew BC	WRes2 2x	Litchen	Mendum
158	Dundee Uni BC	WRes2 2x	West	Santoni
159	Glasgow RC	WRes2 2x	Johnston	Thomson
160	George Watsons Col BC	WRes2 2x	Findlay	Duff
161	CSRC/SPRC	WRes2 2x	Hiddleston	Darylmpie
162	George Watsons Col BC	WJu 16 2x	Dun	Rankin
163	George Watsons Col BC	WJu 16 2x	Gillies	Tink
164	Castle Semple RC	WJu 16 2x	Horsburgh	McDonald
165	St Andrew BC	WJu 16 2x	Simmonds	Reid
166	George Watsons Col BC	WJu 16 2x	Stephen	Lowden
167	Dundee Uni BC	WNov 2x	Aitken	Hoyvik
168	Castle Semple RC	WNov 2x	Afuakwah	Parker
169	Loch Lomond ARC	WNov 2x	Rankin	Rankin
170	George Watsons Col BC	WNov 2x	Jones	Rankin

Pennants will be awarded in the following categories:

### **SINGLES**

Head of The River

Restricted 2

Novice

Junior 18

Junior 16

Junior 14

Veteran C

Veteran D

Veteran F

Women's Open

Women's Restricted 2

Women's Novice

Women's Junior 18

Women's Junior 16

### **DOUBLES**

Open

Restricted 2

Junior 18

Junior 16

Junior 14

Veteran (handicap)

Women's Open

Women's Restricted 2

Women's Novice

Women's Junior 16