



SARA Long-Distance Trial February 2009

The SARA will be holding a Talent Identification Long-Distance Trial in Inverness on 21st February 2009.

The basis of this trial is to allow the identification of potential athletes seeking selection for the Scotland Home Countries International Team both for 2009 and the future. It will also seek to identify athletes who may be able to progress on to recognised pathways for selection to GB teams. In addition, athletes seeking support from the various funding bodies are reminded that attendance at a nationally organised trial will often be a requirement for support. A gathering of the highest quality of athletes and coaches in Scotland also allows for an interchange of ideas to progress the sport at the highest level.

It has been noted that a GB Junior Trial is being held on the same weekend. Non attendance at the trial by junior or senior athletes will not exclude those athletes from seeking selection.

Boat Classifications

Senior athletes will compete in either Single Sculls or Pairs.

Junior athletes will compete in either Single Sculls, Double Sculls or Pairs.

Sweep athletes without a regular partner should contact the Team Manager.

Lightweight Athletes

Athletes should specify on entry if they intend to compete as a lightweight. All lightweight athletes will be weighed prior to the Trial. The weight limits are maximum 60kg for women and 73kg for men. There are no averages for pairs. There are no weight limits for juniors. Athletes failing out with the weight limits will be permitted to compete but will be listed in the heavyweight classification.

Entries

The closing date for entries will be 5PM Monday 16th February. Entry is via an email attachment of the entry form to the Team Manager at graeme.cunningham@scottish-rowing.org.uk

To conform to SARA child protection policies all entries from junior athletes must be made by either a coach or a parent/guardian.

An entry fee of £8 for senior athletes and £5 for junior athlete should be paid upon registration on the day. All athletes must hold a current SARA racing licence. Day Tickets will not be issued.

Provisional Event Times

Registration / Weigh-In Opens	7AM
Registration / Weigh-In Closes	8.00 AM
Coaches/ Stewards Meeting	8.05 - 8.15AM
Trial Starts	10.00 AM

Please note that these times are subject to change and will be confirmed once all entries have been received.

Home Countries International Regatta Team Selection Policy

The selection policy will not be confirmed until the SARA half yearly meeting. Consultation has already taken place with a number of coaches but there will be a further opportunity for coaches and senior athletes to discuss the policy in Inverness after the trial. A meeting of junior coaches will be held during the SARA Junior Development Camp at Strathclyde Park on the weekend of the 14th/15th February.

Graeme Cunningham
Team Manager