

Scottish School's Head of the River Race, 21 March 2009

Events and Rules

Events

OJ 4+ WJ4+
OJ16 4+ WJ16 4+
OJ15 4+ WJ15 4+
OJ14 4x+ WJ14 4x+

Entry Fee: £20 per crew

Entries by email - details will be put on the SARA web page in the near future.

Rules

The event is run under SARA Rules with these special Conditions of Entry:

1. All Participants in the race must be in full-time education in schools and must be 18 or younger on the day of the race.

2 No composite entries are allowed.

3 A club or school may enter a crew composed of rowers who satisfy Rule 1 above providing all the individual members of that crew hold a Scottish rowing licence for that club or school.

4 It is a condition of entry that all those taking part are competent swimmers. The committee take every precaution to ensure the safety of competitors, but is not to be held responsible for any accidents.

5 All clubs are asked to provide a list of all schools represented in this event.

6 Coxes in all events must satisfy Rule 1. Boys may cox girls' crews.

7 In accordance with SARA rules coxes must wear suitable lifejackets and all boats must comply with the SARA Water Safety Code as regards buoyancy, heel restraints, bow balls etc.

8 Coaches are encouraged to cycle, carrying throw ropes, with their crews. This was a positive move in 2008 and giving "words of encouragement" is acceptable.

The Peter Grieve Memorial School Team Trophy

In memory of the late Peter Grieve a team trophy is contested annually.

In each event 15 points will be awarded to the first crew, 10 points to the second crew and 5 points to the third crew. To obtain points, however, a crew must have beaten at least one crew in their division.

The totals awarded to a school will be based on the three highest scores which the school obtains. In the case of a tie the competition will be decided by the 4 highest scores and if necessary the 5th score.