

Scottish Schools' Head of the River Race, 21 March 2009

Entry Information

Entries for the Schools' Head should be emailed to rhcnoap@tiscali.co.uk. The deadline for entry is Friday 13th March at noon. The entry must include the following information:

The event and for each individual in the crew their:

- 1 name
- 2 date of birth
- 3 licence number
- 4 school attended

Please also give the name, email address and contact number of the club official making the entry. Cheques, made payable to "the Scottish Schools' Rowing Council", should be paid to Bob Neill (Treasurer) on the day of the event.

Events and Rules

Events

- | | |
|----------|----------|
| OJ 4+ | WJ4+ |
| OJ16 4+ | WJ16 4+ |
| OJ15 4+ | WJ15 4+ |
| OJ14 4x+ | WJ14 4x+ |

Entry Fee: £20 per crew

Entries by email to Bob Neill rhcnoap@tiscali.co.uk

Rules

The event is run under SARA Rules with these special Conditions of Entry:

1. All Participants in the race must be in full-time education in schools and must be 18 or younger on the day of the race.
- 2 No composite entries are allowed.
- 3 A club or school may enter a crew composed of rowers who satisfy Rule 1 above providing all the individual members of that crew hold a Scottish rowing licence for that club or school. If, however, a crew is entirely composed of pupils from a SINGLE SCHOOL and that School is registered with the Scottish Schools' Rowing Council its entry will be accepted, regardless of the origin of the individuals' Scottish Rowing licences.
(Please contact Bob Neill if you require SSRC registration forms).
- 4 It is a condition of entry that all those taking part are competent swimmers. The committee take every precaution to ensure the safety of competitors, but is not to be held responsible for any accidents.
- 5 All clubs are asked to provide a list of all schools represented in this event.
- 6 Coxes in all events must satisfy Rule 1. Boys may cox girls' crews.
- 7 In accordance with SARA rules coxes must wear suitable lifejackets and all boats must comply with the SARA Water Safety Code as regards buoyancy, heel restraints, bow balls etc.
- 8 Coaches are encouraged to cycle, carrying throw ropes, with their crews. This was a positive move in 2008 and giving "words of encouragement" is acceptable.

The Peter Grieve Memorial School Team Trophy

In memory of the late Peter Grieve a team trophy is contested annually.

In each event 15 points will be awarded to the first crew, 10 points to the second crew and 5 points to the third crew. To obtain points, however, a crew must have beaten at least one crew in their division.

The totals awarded to a school will be based on the three highest scores which the school obtains. In the case of a tie the competition will be decided by the 4 highest scores and if necessary the 5th score.