



Selection Policy for the Scotland Team for the 2010 Commonwealth Rowing Championships



The Commonwealth Rowing Championships (CRC) represents one of the few opportunities in which rowers can compete on behalf of Scotland. Rowing is currently classified as a Tier III sport by the Commonwealth Games Federation, and as such is not included in the programme of sports for the 2010 or 2014 Commonwealth Games. Scottish Rowing is at the forefront of activities to try to reinstate Rowing back into the Games' programme. For 2010 a new format with reduced team sizes is being introduced to the CRC, in an attempt to promote the event to developing Commonwealth rowing nations.

This selection policy is intended to be fair to all eligible competitors and as such it is hoped that it will produce a strong team that will be successful at the 2010 Championships

Key Aspects of the Policy

- The 2010 Scottish Championships will serve as the main selection regatta
- Selectors will attempt to select the team of athletes that will produce the most successful results across the programme of offered events
- Selections will be made by selectors elected by the member clubs of Scottish Rowing
- The selectors will also act as selectors for the Scotland Home International Regatta (HIR) teams

1. Eligibility

- All athletes seeking selection must hold valid UK passport
- In addition they must comply with one of the following conditions:
 - Have been born in Scotland
 - Have a parent who was born in Scotland
- Athletes who have competed for another Commonwealth Country are eligible but must obtain approval from the Commonwealth Games Federation (CGF), FISA and the Commonwealth Games Association of the country previously represented.
- All athletes must comply with the Scottish Rowing's anti-doping regulations and not currently be under disqualification or suspension imposed by Scottish Rowing, the CGF or FISA.

Please note that these eligibility conditions differ from that for the Scotland HIR Teams.

2. Registration

Athletes must register their intention to seek selection by completing the online form available at ScotlandRegistration.notlong.com by Wednesday 2nd June. Any athlete failing to do so may not be eligible for selection. Please note that this registration process differs from that of the Scotland Teams for the 2010 Home International Regatta.

3. Selectors

Selectors will be appointed by a vote of the membership of the association, at the Scottish Rowing Half Yearly Meeting.

3 Team Selectors will be appointed.

It is intended that the same people will serve as selectors for both the Senior Scotland HIR teams and the Scotland CRC team.

Nominations should be received via email to the Team Manager by 2 weeks prior to the Scottish Rowing Half-Yearly Meeting. Citations of relevant experience are requested. A list of candidates will be sent to all member clubs.

There will be a multiple vote system with each member club able to vote for up to 3 candidates. Multiple votes cannot be cast for the same candidate. The 3 candidates with the most votes will be appointed as selectors. In the event of a tie the President will have a casting vote.

All meetings of the selectors will be made in the presence of the Team Manager, or their representative, who will take minutes of the proceedings but will not be involved in any selection decisions. Selectors are required to make it known at the meetings if there are any conflicts of interest.

4. Championship Events

The 2010 Commonwealth Rowing Championships will be held between Saturday 31st July and Sunday 1st August in Welland, Ontario, Canada.

Teams will consist of a maximum of 8 athletes, with the following restrictions:

The team must consist the same number of males and females

The must include at least 2 male athletes and 2 female athletes who are lightweights

The following events will comprise the 2010 Commonwealth Rowing Championships:

Hwt Men	Hwt Women	Lwt Men	Lwt Women
4-	4-		
2-	2-	2-*	2-*
2x*	2x*	2x	2x
1x*	1x*	1x*	1x*

Events will take place under FISA rules over 2000m.

*These events will be also be run as exhibition 500m races.

In addition a demonstration 1000m mixed 8+ event will also be held. Coxes for this event will be provided by the organisers.

5. Selection Procedure

The unique format of the event with a small restricted team and athletes competing in multiple events across different disciplines means that athletes must be able to demonstrate a high level of ability in both rowing and sculling events.

The selectors will monitor results from the following regattas. Athletes are strongly advised to compete in at least one of these regattas and to compete in small boat events in both rowing and sculling in highest status class available.

Strathclyde Park Regatta 24th-25th April

Metropolitan Regatta, Dorney 5th-6th June

In addition results from any GB Rowing Trials will be considered in the selectors deliberations.

The Scottish Championships (12th-13th June) will serve as the main selection trial. As with the previous monitored regattas, athletes are advised to compete in small boat events in both rowing and sculling in highest status class available.

Based on analysis of performances from eligible athletes at the events specified above the selectors will select a team that they believe will produce the most successful team across all of the CRC event categories.

Following the conclusion on the Scottish Championships, the selectors will announce a provisional team.

6. Additional Selection Considerations

6.1 Lightweight Athletes

Lightweight athletes competing in heavyweight events at the Strathclyde Park Regatta and Scottish Championships may request to have their weight officially recorded prior to their race with respect being paid to the Scottish Rowing Rules of Racing.

The CRC operates under FISA rules with the weight limit for lightweight competitors as follows:

	Individual maximum weight	Crew average weight
Men	72.5 kg	70 kg
Women	59 kg	57 kg

6.2 Performance Exception

Exceptional athletes may be selected for the team without attendance at the Scottish Championships or the nominated monitored regattas. Such athletes should be actively seeking selection for GB teams and be able to provide evidence of a high standard of performance.

6.3 Medical Exception

Athletes not competing at the Scottish Championships due to medical reasons should inform the Team Manager as soon as possible and may be required to provide a medical certificate.

6.4 Team Size

It is the intention of Scottish Rowing that a full team should represent Scotland at the 2010 CRC. However, should the selectors be of the opinion that no athletes of sufficient standard exist, then they may choose to select a reduced size team.

6.5 Crew Changes during the Championships

Athletes selected to the team do so on the understanding that injury or other unforeseen circumstances may require changes to selected crews. During the regatta any decision on changes to crews because of injury or other unforeseen circumstances will be made by the Team Manager in consultation with the team coaches.

7. Appeals Procedure and Ratification of the Final Team

Appeals should be made via email to the Team Manager within 7 days of the publication of the provisional team. The receipt of all appeals will be confirmed.

Appeals will be considered by a panel consisting of the Team Manager, the Vice-President (Performance) and a further third party approved by the Scottish Rowing Executive. This process may involve contacting all athletes and coaches involved in the appeal for further evidence or the seeking of other expert advice. The appeals panel will then present the evidence collected to the Scottish Rowing Executive who will have the final decision on rejecting or upholding the appeal. The Vice-President (Performance) will not be involved in the decision. At this time the Scottish Rowing Executive will also ratify all other selections to allow the announcement of the final team.

The final team will be announced on or before the 25th June 2010.

8. Selection of Coaches

Coaches will be appointed to selected crews by the Team Manager in consultation with the Team Selectors. All coaches interested in working with the Scotland team should make their intentions known to the Team Manager via email.

9. Additional Team Information

9.1 Costs

All athletes, coaches and support staff will be expected to contribute costs towards attending CRC. All costs must be paid 14 days prior to the team departure for the regatta. Athletes are strongly encouraged to seek individual funding support.

9.2 Travel, Accommodation and Equipment

Equipment will be provided by local Canadian clubs and arranged by the event organisers. The Team Manager will endeavour to ensure that suitable equipment is provided.

Travel and accommodation for athletes, coaches and support staff will be arranged by the Team Manager.

9.3 Code of Conduct

Athletes and coaches selected will be expected to follow a high standard of behaviour while representing Scotland and may be expected to sign a document declaring such. Athletes and coaches seeking selection are reminded that unduly attempting to influence the selectors will be regarded as a disciplinary matter. Any attempt by an athlete or coach or other individual to undermine Scottish Rowing, the selection policy or the selection process will be regarded as a disciplinary matter.

9.4 2010 Dates of Interest

7 th March	Scottish Rowing Half Yearly Meeting (Election of Selectors)
12 th -13 th June	Scottish Championships, Strathclyde Park
25 th June	Announcement of Final Team
31 st July – 1 st August	Commonwealth Rowing Championships

9.5 Correspondence

Graeme Cunningham, the Team Manager, can be contacted via email graeme.cunningham@scottish-rowing.org.uk or via phone 07824341287

All postal correspondence should be sent to:
Commonwealth Rowing Championships 2010
The National Rowing Academy
366 Hamilton Road
Motherwell
ML1 3ED

9.6 Schedule of Events

COMMONWEALTH ROWING CHAMPIONSHIPS 2010

Day 1			Day 2		
Time	Event	Distance	Time	Event	Distance
07:30 - 09:00 Heats as Required			07:30 - 09:00 Heats as Required		
10:00	LW1X	2000m	10:00	LW2-	2000m
10:10	LM1X	2000m	10:10	LM2-	2000m
10:20	W2-	2000m	10:20	W2-	2000m
10:30	M2-	2000m	10:30	M2-	2000m
11:00	LW2X	2000m	11:00		
11:10	LM2X	2000m	11:10		
11:20	W1X	2000m	11:20	W4-	2000m
11:30	M1X	2000m	11:30	M4-	2000m
Lunch Break 11:45 - 14:00			Lunch Break 11:45 - 14:00		
15:00	LW2-	500m	14:30	LW1X	500m
15:10	LM2-	500m	14:35	LM1X	500m
15:20	W2X	500m	14:40	W1X	500m
15:30	M2X	500m	14:45	M1X	500m
				Mixed	
			16:00	8+	1000m