

Scottish Schools' Rowing Council
Scottish Schools' Head of the Canal Races
1st & 2nd October 2016

On the Forth & Clyde Canal
from Banknock to Dullatur
with boating from Auchinstarry Basin

"Sweep" Head
Saturday 1st October

Division 1 Events (Race for **single-school** crews)

Schoolboys (SB)

SB Open 4+

SB Under-16 4+

SB Under-15 4+

SB Under-14 4x+

Schoolgirls (SG)

SG Open 4+

SG Under-16 4+

SG Under-15 4+

SG Under-14 4x+

Race Start time for Division 1 will be 11:30am

Division 2 Events (Race for **single-club** or **single-school** crews)

Open Junior (OJ)

OJ Under-18 4+

OJ Under-16 4+

OJ Under-15 4+

OJ Under-14 4x+

Women's Junior (WJ)

WJ Under-18 4+

WJ Under-16 4+

WJ Under-15 4+

WJ Under-14 4x+

Race Start time for Division 2 will be 2:30pm

Scottish Schools' Rowing Council

Scottish Schools' Head of the Canal Races 2016

Sculling Head

Sunday 2nd October

Division 1 Events

Schoolboys (SB) / Open Junior (OJ)

SB Under-18/OJ Under-18 4x-

SB Under-16/OJ Under-16 2x

SB Under-16/OJ Under-16 1x

SB Under-15/OJ Under-15 4x+

SB Under-14/OJ Under-14 2x

SB Under-14/OJ Under-14 1x

Schoolgirls (SG) / Women's Junior (WJ)

SG Under-18/WJ Under-18 2x

SG Under-18/WJ Under-18 1x

SG Under-16/WJ Under-16 4x-

SG Under-15/WJ Under-15 2x

SG Under-15/WJ Under-15 1x

SG Under-14/WJ Under-14 4x+

Race Start time for Division 1 will be 10:00am

Division 2 Events

Schoolboys (SB) / Open Junior (OJ)

SB Under-18/OJ Under-18 2x

SB Under-18/OJ Under-18 1x

SB Under-16/OJ Under-16 4x-

SB Under-15/OJ Under-15 2x

SB Under-15/OJ Under-15 1x

SB Under-14/OJ Under-14 4x+

Schoolgirls (SG) / Women's Junior (WJ)

SG Under-18/WJ Under-18 4x-

SG Under-16/WJ Under-16 2x

SG Under-16/WJ Under-16 1x

SG Under-15/WJ Under-15 4x+

SG Under-14/WJ Under-14 2x

SG Under-14/WJ Under-14 1x

Race Start time for Division 2 will be 1:00pm

Entries

Please email your entries (with the details listed in Rule 5) to Peter Rankin (Event Coordinator) to arrive by **6:00pm on Saturday 24th September**. Please use the entry template if at all possible.

Scottish.Schools@gmail.com Tel: 0131 447 3092 (h) or 07801 795 108 (m)

Entry fees include a £5 deposit for numbers, which will be refunded (if possible on the day) on the return of bow/back numbers:

4x, 4x+ and 4+ £35.00 including deposit

2x £20.00 including deposit

1x £12.50 including deposit

Enquiries

Please contact: Peter Rankin (as above, but **email only from 1-24 September**) or Bob Neill on 0131 667 5389 (h) or 07928 644 546 (m)

Rules

1. Rowing and Sculling Head ages are based on 1st September 2016, as per the Scottish Rowing Rules of Racing.
2. For the Sweep Head:
 - a. In Division 1, all competitors in a crew must be pupils at the same Scottish school, and must each hold a Scottish Rowing licence.
 - b. In Division 2, all competitors in a crew must be Juniors, and must each hold a Scottish Rowing Licence for the same registered Club or School.
3. For the Sculling Head, all competitors in a crew must be Juniors, and must each hold a Scottish Rowing Licence for the same registered Club or School. Where all of a crew are pupils at the same Scottish school, they will also be eligible for the equivalent Schoolboy/Schoolgirl event.
4. No composite entries are allowed.
5. The email entry lodged by a School or Club must provide the Name, Date of Birth, Scottish Rowing Licence Number and (where applicable) the Scottish School attended for each competitor. **Please use the entry template if at all possible.**
6. Competitors who are eligible to participate in both divisions each day may do so.
7. It is a condition of entry that all those taking part are competent swimmers. The SSRC Race Committee takes every precaution to ensure the safety of competitors but is not to be held responsible for any accidents that may occur.
8. Coxes in all events must satisfy Rule 1, but boys may cox girls' crews and girls may cox boys' crews.
9. In accordance with the Scottish Rowing Rules of Racing, coxes must wear suitable lifejackets and all boats must comply with the Scottish Rowing Water Safety Code as regards buoyancy, heel restraints, bow balls, etc. Spot checks will be made before boating.
10. Coaches are encouraged to cycle, carrying throw ropes, with their crews. Giving "words of encouragement" is acceptable, but coaching or referring to other competing crews during racing is not allowed.

Pennants & Certificates

Pennants will be awarded to every member of the winning crew in each event in each division, provided that at least three crews race in the event. If only two crews race, certificates will be awarded. In Sunday's combined events, certificates will also be awarded to the fastest single-school crew, provided at least one other single-school crew competes in the event.

Trophies

The following trophies will be awarded, each based on the formula below:

- In Division 1 of the Sweep Head, **The Peter Grieve Memorial School Team Trophy**
- In Division 2 of the Sweep Head, **The Scottish Junior (Club) Team Trophy, donated by Bryan Steel**
- For all Schools events across both Divisions of the Sculling Head, **The Harry Wylie Memorial School Team Trophy**
- For all Junior events across both Divisions of the Sculling Head; **Scottish Junior Club Team Cup for the SSRC Scullers Head of the River Races, donated by Bryan Steel**

In each event eligible for the trophy, 15 points will be awarded to the first crew, 10 points to the second crew and 5 points to the third crew. To obtain points, however, a crew must have beaten at least one other crew in their event. The totals awarded to a school or club will be based on their three highest scores. In the case of a tie, the competition will be decided by the four highest scores, and if necessary the five highest, etc.

As previously, there will also be trophies in Division 1 of the Sweep head for the fastest Schoolboys' crew (The St Mungo Cup) and the fastest Schoolgirls' crew (The Bob Neill Quaich).

Race Instructions

- Race numbers should be collected from Mr Neill in the Auchinstarry parking area well before boating. It is recommended that one person collects all the required numbers for a given Club or School. At the end of each division, please return all race numbers to Mr Neill's car.
- Boats should be checked thoroughly by crew coaches or organisers **before** their crews head off for the landing stages. In accordance with Scottish Rowing rules, particular attention must be paid to ensuring effective heel restraints, secure race-number placement in bow-slots, and acceptable bow-balls on all boats. Coxes must wear suitable life jackets. Scottish Rowing umpires and their assistants will be monitoring all of the above at the landing stages.
- Crews must leave plenty of time to reach the start, which is about 5000 metres along the canal from Auchinstarry Basin. A boating time will be given for each crew. Crews will be boating from the landing stages **in reverse racing order** so that younger and less experienced crews have more time to get to the start, which is near the Wyndford Lock close to Banknock. Please take your oars down to the landing stage in advance of boating as this saves a great deal of time.
- Crews must be warmly clad when going on the water. This is particularly important in wintry conditions.
- On their way to the start, crews must keep to the **non-towpath** side of the canal.
- Upon reaching the race start-area, crews must follow the instructions of the Joint Race Controller, Mr Jim Ferguson, with regard to lining-up and other race-start procedures, which may vary according to the weather and water conditions on the day. Care should be taken to ensure that the bow-numbers do not get dislodged due to careless boat manoeuvres before, during or after racing. A charge of £5 will be made for each race number not returned to Mr Neill after each division.
- During racing, crews must keep to the **towpath side** of the canal except when being overtaken, in which case they must move towards the **non-towpath side**, leaving sufficient room for the overtaking crew(s) to pass without obstruction. Crews failing to do so will risk disqualification.
- Coaches are welcome to accompany their crews by running or cycling along the towpath on the north side of the canal. If possible, they should carry throw-ropes for added safety. They can lend encouragement to their crews, but **COACHING IS NOT ALLOWED**. References to other competing crews should only be made on grounds of safety. Please be aware that the towpath will also be used by members of the public, pets, umpires, start and finish timers and rowing supporters. Runners and cyclists should be very careful not to upset them in any way.
- The finish line will be several hundred metres northeast of the Craigmarnock Bridge which leads up to Dullatur Village. There is a small car park beside this bridge, but it is often quite busy. Roadside parking should be avoided, as the road to Dullatur is very narrow.
- After racing, crews should move from the finish line to the stretch where the canal widens. This may be used as a recovery area, but only for a short time, so that boats return in time to the boating area at Auchinstarry.
- To allow others off the water, crews must not obstruct the area around the landing stages with boats.

Start Order

1. The event start order will be based on descending age category within gender.
2. Within any one event, the start order will first be determined by the club/school's finish position in the previous year.
3. Where a club/school either did not compete the previous year, or enters more crews for the event than the previous year, these crews will be given a random start order after those crews placed in (2) above.

Catering Facility

George Watson's College Boat Club Parents will once again be running a catering tent on both the Saturday and Sunday.

Medical and Safety Cover

If you need to contact a First Aider, please ask one of the Umpires or Organisers to make mobile or radio contact for you. For emergencies, the nearest hospital is Monklands District General Hospital, Airdrie, ML6 0JS, Tel: 01236 748 748. Detailed instructions on how to get there are available from Mr Neill.

A rescue boat will follow the races.

Coaches and Buses

There is no parking space available for buses or coaches on the Auchinstarry site, but there is suitable parking on the outskirts of nearby Croy village. Bus and coach drivers are asked to use Auchinstarry only for dropping off and picking up passengers.

Toilets and Changing Arrangements

Scottish Canals have kindly allowed us to use their toilet block, which is at the north-east end of the site. Please keep this clean and tidy. As there is very limited changing space, competitors should arrive and leave in their rowing kit, and/or change in minibuses. Please do not use the toilets in the Boathouse Restaurant unless you are a customer.

Umpires

Our thanks go to Mr Neil Macfarlane (Chief Umpire) and his large team of Scottish Rowing Umpires for volunteering to give up their Saturday to ensure that our racing programme operates smoothly. Our thanks also go to the Scottish Rowing Race Control Committee for allowing us to hire all the technical equipment required to run the races properly (race numbers, megaphones, throw-ropes, etc.)

Prize-Giving

Prize-Giving takes place as soon as possible after racing and boat loading each day.

Scottish Canals

We could not run this event without the goodwill and constructive advice of Scottish Canals, which is the organisation responsible for the Forth & Clyde Canal. In particular, we wish to record our thanks to everyone at Scottish Canals for all their valued assistance. They have asked us to minimise the use of the south-side towpath, which passes alongside the moored craft. Spectators are asked to use the public north-side towpath instead.