



Application Pack

Closing Date:
Fri 16th April 2025

Interviews from:
Mon 26th April 2025

Salary:
£12.60/hour (six 4 hour sessions maximum)

Contract Type:
Employed - Sessional Basis (4 positions available)

Location:
Scottish Rowing Centre, 366 Hamilton Road, Strathclyde Park, Motherwell, ML1 3ED

Responsible to:
Mark Senter,
Development Manager (Outreach)

Sessional Coach: Row the Rhythm (Pilot)

About Scottish Rowing and Row the Rhythm

Scottish Rowing is the Governing Body for rowing in Scotland. Our vision is a successful and thriving rowing community and our mission is to support and empower people in Scotland to enjoy rowing and achieve their potential.

Scottish Rowing have an exciting opportunity to pilot a Row the Rhythm project, with support from Love Rowing.

The project supports visually impaired participants in accessing rowing coaching, and providing an all important social networking opportunity within each session.

The pilot will run over six months and include 6 face-to-face sessions to be held at the Scottish Rowing Centre. Sessions will be designed around the participants and while the focus will initially be around indoor rowing, there is potential to arrange for some on-water sessions (in crew boats). The key attributes we are looking for in successful applicants is a willingness to adapt and co-create solutions, and an enthusiasm in supporting participants in order to provide enjoyable and sociable sessions.

There are four positions available and all sessions will be delivered by multiple coaches with assistance from other staff members if and when required.



Background Information

Row the Rhythm is an established programme currently running with the support of Love Rowing in England. Find more information on the project in Peterborough City Rowing Club [here](#).

Scottish Rowing has the exciting opportunity to pilot the project at the Scottish Rowing Centre from summer 2025.

Row the Rhythm is a project aimed at visually impaired participants. Sessions are to be held at the Scottish Rowing Centre and will include not only an opportunity to learn how to row, but also have a strong focus on the community aspect of the sport and so will include some social time with refreshments provided.

Sessions will run from 1100 to 1500 on the following dates:

- 19th June
- 17th July
- 14th August
- 18th September
- 16th October
- 13th November

Please note: Availability for all of the sessions above is preferred, although allowances can be made providing Scottish Rowing can source adequate support and cover for sessions.

Responsibilities:

- Input to creating session plans (these will be broad spectrum and should be adaptable to many different participants depending on the participant experience and ability).
- Delivery of inclusive sessions - initially ergo/indoor based with the potential to move into crew boat on-water sessions.
- Interaction and support in running the social aspect of the sessions.
- Ability to meet participants where they are in terms of support and encouragement required.



RESPECT

DRIVE

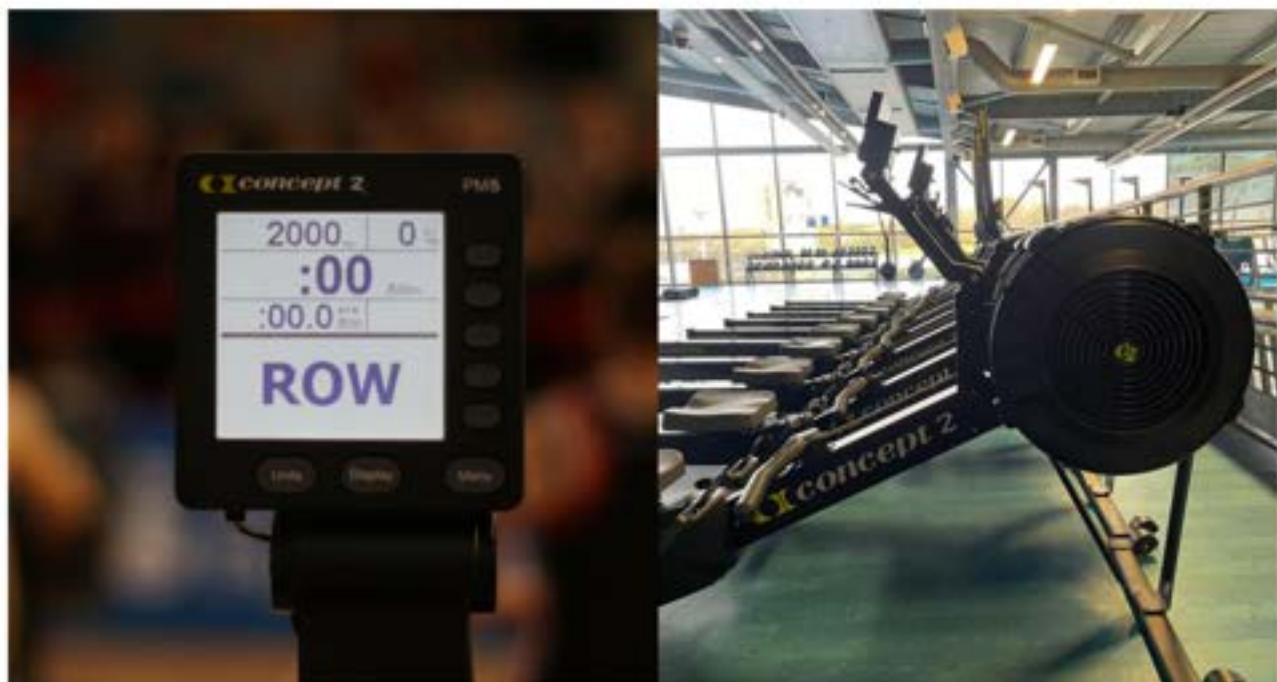
INNOVATE

COLLABORATE

Person Specification

Applicants applying for the position of Sessional Coach : Row the Rhythm (Pilot) should meet the following specifications:

Essential	Desirable
<ul style="list-style-type: none">• Level 2 Sessional Coach Qualification or above.• Current First Aid Certificate.• Ability to attend sessions in person at the Scottish Rowing Centre.• Willingness to support participants in an inclusive and person focussed manner.• Ability to work collaboratively with other coaches and Scottish Rowing staff members.	<ul style="list-style-type: none">• Level 2 Gym Instructor or above• Disability Sport Qualifications• RYA Powerboat Licence• Previous experience working with visually impaired rowers



How to Apply

Scottish Rowing is committed to selecting candidates solely based on their ability to do the job for which they are being recruited and welcomes applications from all sections of the community.

Applicants should return a CV and covering letter which outlines their relevant skills, experience and qualifications, as well as their motivation for applying for the role.

Please return by email to office@scottish-rowing.org.uk or by post to Scottish Rowing (HoBO Application), Scottish Rowing Centre, 366 Hamilton Road, Motherwell, ML1 3ED.

Our Equality monitoring form should be completed using the link below:

[Equality Monitoring Form](#)

For an informal and confidential discussion about this role please contact Mark Senter, Development Manager (Outreach) by email at: mark.senter@scottish-rowing.org.uk

Applications for this position close on Friday 16th April 2025.

Interviews will be held from Monday 26th April 2025.

