

SCOTTISH ROWING BEACH SPRINT AND OFFSHORE CHAMPIONSHIPS 2026

(Part of the Four Nations Coastal Sculling Series)

Beach Sprints and Offshore Championships- EVENT OVERVIEW

The Scottish Rowing Beach Sprint and Offshore Championships will take place on **Saturday 22nd and Sunday 23rd August** at [East Sands Beach, St Andrews](#)

This year we are running a new format with beach sprint and offshore events both days across the weekend. Racing on the Saturday will run between 8.30am and 6pm. Racing on Sunday will run between 8am and 4pm.



Owing to sand having shifted we will be racing the Plan B Race Course this year, as shown in the diagram above.

This will be an 'Open Championships' with entries accepted from both Scottish Rowing members and other visiting competitors (i.e. British Rowing members, etc).

Championship racing will be offered in the following categories:

SATURDAY

Block 1 (Beach Sprints)	Block 2 (Endurance/Offshore)	Block 3 (Endurance/Offshore)
Mx 2x	CW4x+	O1x
Inc Mx 2x		OU19 1x
Mx U19 2x		O J16 1x
Mx J16 2x		W1x
		WU19 1x
		WJ16 1x

(Beach Sprints)

(Endurance/Offshore)

SUNDAY

Block 1 (Beach Sprints)	Block 2 (Offshore)	Block 3 (Offshore)	Block 4 (Offshore)
Mx 4x+	CO 1x	CO 2x	CMx 2x
	COMas 1x	CW 2x	CMxU19 2x
	CW 1x		CWU19 2x
	CWU19 1x		
	CWMas 1x		

(Beach Sprints)

(Endurance/Offshore)

We reserve the right to reshuffle the order of the 'blocks' within the days, due to tides, weather conditions, but the final order will be confirmed in the final event information, sent out by email one week out from the event. We recommend that no-one enters more than two events per day.

The Scottish Rowing Beach Sprint Championships is one of the qualifying events as part of the [Four Nations Coastal Sculling Series](#) where there is the opportunity for competitors in selected Solo (C1x) categories* to compete for points towards the Four Nations Beach Sprint Championship trophies and the opportunity to win the 'Grand Slam'.

* eligible categories (O1x, W1x, OU19 1x, WU19 1x)

Capacity to the event may be limited to accommodate safe and fair racing over the day. The organiser reserves the right to limit or restrict entries from clubs should this be necessary.

FORMAT AND SCHEDULE

Beach Sprints:

Racing will take place across [Beach Sprint course\(s\)](#), using a combination of processional time trial and two-lane side-by-side racing. All races will start and finish with a sprint on the beach of up to 50m. The Championships will be run under the [British Rowing Rules of Racing](#) [Appendix F2 – Beach Sprints Competition Rules] and where any exceptions are made these will be published ahead of the event.

There will be a time trial block for all age groups, followed by side-by-side racing. Following the processional time trial races, the 8 quickest crews in each category will progress through to the knockout side-by-side races which will take the format quarter-final, semi-final, B-final and A-final. If entries, tide, weather and time allows then a 'plate' knockout side-by-side will be included for those not in the top 8 crews of a category (Junior, Senior, Masters).

We reserve the right to reduce this as appropriate in response to weather conditions.

Rowers should therefore be prepared **in each event** to race in up to 4 separate races in quick succession within an approximate 2-hour window (the side-by-side races will involve a quick turnaround).

Any J16 competitors will compete within the corresponding Junior category, and results will be extracted for prizes to be awarded. Those racing in a subcategory will compete within their corresponding category (e.g. J16 and U19 will all compete in Junior category) and results will be extracted for prizes to be awarded. Sub-category prizes will be awarded based on the quickest time from the final round involving eligible crews.

The Beach Sprints format uses pool boats. Swift Racing Boats will be provided **however rowers should bring their own sculling oars**. To enquire about oar hire please email beachsprints@scottish-rowing.org.uk.

PLEASE NOTE: The event organisers **will not provide boat handlers** for racing. Each athlete should ensure they arrange for their own boat handlers to be present throughout their racing schedule.

Offshore/endurance:

Racing will take place over an offshore course which will be confirmed prior to the race weekend. Our intention is to run a course of approximately 4km, with crews boating from and finishing on the beach. The Championships will be run under the [British Rowing Rules of Racing](#) [Appendix F – Offshore Rowing Competition Rules] and where any exceptions are made these will be published ahead of the event.

Categories will be grouped appropriately depending on entry numbers in each category. If any one category exceeds 6 crews, they will have their own start time. Boat categories will remain separate (ie. All 1x will race separately to the 2x crews etc.) Heats may be appropriate if the entry is large, and we reserve the right to cap entries.

Please note that schedule will not be published until after entries have closed. Both the volume of entries, and external factors such as the weather/tidal forecast will be used to build the race schedule.

Any crews that have athletes in more than one 4x+ event in any given category may be asked to select just one event.

The final schedule, number of races and format of racing will be dependent on the number of entries, weather conditions and other factors. This information will be circulated no later than one week prior to the Championships. The race organisers reserve the right to make any adjustments necessary to deliver a successful Championships.

ELIGIBILITY

To compete at the Scottish Rowing Beach Sprint Championships you must be a Scottish Rowing member. Members of British Rowing / Rowing Ireland can [register for free with Scottish Rowing](#) to enable them to represent their home club. If you have any questions about this, please email srmembership@scottish-rowing.org.uk.

To be eligible to enter a Junior category, rowers must be born no earlier than 1 September 2007 and no later than 31 August 2011. Rowers aged J14 and under cannot enter this event.

To be eligible to enter a Masters Category rowers must have a crew average age of 50 years or over on the day of the Championships.

Whilst the Championships are open to both experienced coastal scullers and those new to the Beach Sprint format. The race organisers would advise against any new or very inexperienced scullers entering (particularly in the solo and offshore events). Managing a boat on the sea is markedly different to managing craft in a classic rowing format and it is the participants responsibility to ensure they are competent to race on the sea.

PHOTOGRAPHY

Within the competition site, images of participants, supporters and volunteers may taken (including photograph and video) to be used by Scottish Rowing and their partners. Materials may be used for promotion/marketing of the event, the discipline in general, and future beach sprint/offshore activities across social media and website platforms. On the entry form your club must let us know if each individual gives consent or does not give consent for photography. Any individuals who do not give their consent to be in photographs shall be given a wrist band which they must wear throughout the event, then every effort will be made to ensure that they do not feature in any photographs that are shared online.

As the event takes place in a public environment, competitors and those responsible for them should be aware that other, non-official photographers may operate at national sporting events and the subsequent photographs or videos may be freely used in print, digital media or elsewhere, over which Scottish Rowing has no control.

Coaches, responsible adults and competitors agree that by entering competitors they have made the competitors and their parents/guardians (where in loco parentis) aware of the above two paragraphs.

In addition to the above, the event may be streamed live on the day of the event, and the footage may also be shared with the media and press. Coaches, responsible adults, and competitors agree that by entering the competition, they have made their athletes and their parents or guardians aware of this and that further they consent to this.

If you have any questions or concerns around photography and video at our event, please get in touch via beachsprints@scottish-rowing.org.uk

ENTRY INFORMATION

All entries for the Scottish Rowing Beach Sprint and Offshore Championships should be made via this [spreadsheet](#) and emailed to [here](#). Please download a copy of the spreadsheet, complete it and save to your device before sending to us as an attachment. Please note, files should be sent in Excel or PDF format.

The deadline for entries is 6pm Monday 3rd August 2026.

Entry fees are as follows (no charges for coxes):

Event	Price per seat
Senior	£30
Masters	£30
Junior (inc. J16)	£30

REFUND POLICY

Scratchings made before 9pm on Friday 7th August 2026 will be accepted and a full refund given. Scratchings after this time will receive no refund.

If the event is cancelled before 8pm on Thursday 13th August 2026, Scottish Rowing will endeavour to offer a partial refund once costs already expended on the event have been covered.

In the event of the Championships being cancelled for reasons beyond its control after the deadline of 8pm on Thursday 13th August 2026, no entry fees will be returned.

LOGISTICS AND ACCOMMODATION

The train station closest to St Andrews is Leuchars, with a regular bus service running between Leuchars and St Andrews. The bus station is a 15-20 minute walk from the [beach location](#).

We encourage the use of public or shared transport where possible to minimise the environmental impact of attending an event.

For the Scottish Beach Sprint and Offshore Championships, we are proud to partner with [St Andrews Holiday Park](#) within a very short walking distance to the beach location. As an athlete, coach or supporter of the Championships, we are delighted to offer an early bird **discount of 10%** on any 3-night bookings. Please use the discount code SCOTTISHROWING10 for any bookings.

CONTACT DETAILS

For any queries relating to the Scottish Rowing Beach Sprint Championships please email beachsprints@scottish-rowing.org.uk