



Selection Policy

Scotland JIRR Team

2026 British Rowing Junior Inter-Regional Regatta

07/01/2026



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This document outlines the process that Scottish Rowing will follow to select a team to represent Scotland at the 2026 Junior Inter-Regional Regatta.

Background

The British Rowing Junior Inter-Regional Regatta (JIRR) is an annual competition for J14, J15 and J16 athletes contested by teams representing the various British Rowing regions.

In 2024, following a review of the event format by the JIRR Organising Committee, Scotland were represented for the first time. At the 2025 event, the Scotland JIRR Team finished second overall in the final standings, with the Scottish girls winning the Margaret Marshall Cup for the Women's event, and the boys finishing in fourth place. Scotland were also winners of the Barbara Wilson Cup for single sculling events. A testament to the 74 junior athletes spanning nine clubs that made up the 2025 Scotland JIRR Team.

Event Details

The 2026 Junior Inter-Regional Regatta will be held on Saturday, 25th April at the National Water Sports Centre, Holme Pierrepont, Nottingham.

The Regatta will be contested between 16 JIRR Teams, based on the British Rowing Regions plus Scotland, with the Thames Region split into its six sub-regions and Wales competing with WAGS.

The following events are offered at the Regatta:

Junior 14	Junior 15	Junior 16
	J15 1x *	J16 1x *
	W J15 1x *	W J16 1x *
J14 2x	J15 2x	J16 2x
W J14 2x	W J15 2x	W J16 2x
		J16 2-
		W J16 2-
J14 4x+	J15 4x+	J16 4x-
W J14 4x+	W J15 4x+	W J16 4x-
	J15 4+	J16 4+
	W J15 4+	W J16 4-
		J16 8+
		W J16 8+
Adaptive J1x *		
Adaptive W J1x *		

** Two entries are permitted in these events*

All crews will first race a time trial (over 1000m) followed by a side-by-side final (over 1,500m).

The above details are provisional based on the 2026 Advance Notice and 2025 JIRR Notice of Competition. This selection policy will be updated once British Rowing have published and confirmed details of the 2026 Regatta in late January.

Selection Principles

Scottish Rowing is aiming to select a **full team** using the following principles:

1. Competing at the JIRR should be a positive experience for everyone involved.
2. As many rowers as possible, from as many clubs as possible, should have the opportunity to represent Scotland therefore a) doubling up will only be considered where there is no suitable alternative; and b) rowers (excluding coxes) should normally compete in their own age group.
3. Crews identified through the selection event should be able to demonstrate a minimum standard to ensure that they can be competitive at the JIRR. This will be at the discretion of the Selection Panel.
4. The JIRR should provide an opportunity for rowers, coaches and clubs to work together using a 'Team Scotland' ethos.

Eligibility

To be eligible to represent Scotland at the 2026 British Rowing Junior Inter-Regional Regatta all athletes should:

1. Be a current member of Scottish Rowing (including valid racing licence).
2. Be a member and currently representing an affiliated Scottish Rowing member club.
3. Meet the age eligibility as per the British / Scottish Rowing rules of racing. *

** Please note that coxes are permitted to be any junior age category for the JIRR (i.e. up to J18).*

Selection Event

The Caley Marina Winter Head, Inverness (28th February & 1st March 2026) will serve as the 'main selection event' with the competition providing racing in each boat classes as offered at the JIRR.

Athletes should ensure that they are entered in the boat class(es) that they wish to be considered for selection in, as per the selection strategy below. Athletes are encouraged to demonstrate their potential across multiple boat classes over the Inverness weekend – the race schedule has been designed to support this.

Age Group		Selection Strategy
J14	Sculling	- The double scull (2x) will be selected using results of the 2x. - The quad scull (4x+) will be selected using results of the 4x+ & 2x events.
J15	Sculling	- Two single sculls (1x) will be selected using results of the 1x. - The double scull (2x) will be selected using results from the 2x & 1x events. - The quad scull (4x+) will be selected using results from the 4x+, 2x & 1x events.
	Sweep	- The coxed four (4+) will be selected using results of the 4+ or other sweep events where appropriate.
J16	Sculling	- Two single sculls (1x) will be selected using results of the 1x. - The double scull (2x) will be selected using results from the 2x & 1x events. - The quad scull (4x) will be selected using results from the 4x, 2x & 1x events.
	Sweep	- The coxless pair (2-) will be selected using results of the 2-. - The girls' coxless four (4-) will be selected using results of the 4- & 2- events. - The boys' coxed four (4+) will be selected using results of the 4+ & 2- events. - The eight (8+) will be selected using results of the 8+ & any other sweep events (sculling results may also be used where appropriate).
Adaptive Sculling		- Please contact the Team Manager prior to the selection event to discuss opportunities for any suitable Adaptive Single Scullers.

Please note that only entries into the JIRR event categories will be considered at the selection event, with the exception of where crews have moved category due to lack of competition.

Where an athlete(s) is 'first past the post' in multiple boat classes, a discussion between the selectors and the relevant club / school coach will take place to better understand personal preferences of the athlete / coach to assist the selectors, who will be responsible for the final decision relating to team selection.

In the event of unforeseen circumstances (e.g. Inverness cancellation due to weather) consideration will be given to other domestic competitions and events across the 2025/26 season, including the possibility of an additional selection event.

JIRR Event Logistics

Travel, accommodation, coaching support and athlete welfare for the trip to Nottingham will be the responsibility of individual club / school programmes, although it is anticipated that many parents may also travel to support the team.

Scottish Rowing will cover the trailering costs for transporting boats to and from Nottingham and will liaise with club / school programmes to co-ordinate the best way to get clubs boats to the event.

Scottish Rowing will arrange a management team for the event who will oversee the team entry and will be in attendance at Nottingham to provide additional support on the ground. Scottish Rowing will supply packed lunches for competing athletes and team gazebos which will act as a base for the team during the competition day.

Scotland team rowers will compete in a yellow team t-shirt provided by the race organisers, although club / school kit can be worn underneath.

Selection Process

To be considered for selection athletes should:

1. Ensure that they are entered into the relevant boat class at the Inverness Winter Head.
2. Complete the [online registration](#) process to confirm that they wish to be considered for selection by Thursday 26th February

The selection panel will announce the provisional team by no later than Wednesday 11th March.

Selection Panel

Selections will be overseen by the following panel:

- Tom Young, Scottish Rowing Head of Performance
- Mike Martin, Scottish Rowing President & Junior Co-Ordinator
- Cara O'Donnell, Scotland JIRR Team Manager

Representatives of the selection panel will be in attendance at the Caley Marina Winter Head.

Additional Information

For any queries relating to the Scotland JIRR Team, please contact Cara O'Donnell, Scottish Rowing Sports Programme Co-Ordinator & JIRR Scotland Team Manager – cara.odonnell@scottish-rowing.org.uk