



**SCOTTISH
ROWING**



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Selection Policy for the Scotland Rowing Team for the 2022 Home International Rowing Beach Sprints

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The Home International Rowing (HIR) Regatta is an annual challenge match between Scotland, England, Ireland and Wales. In 2022, in addition to the traditional HIR Regatta the inaugural HIR Beach Sprints will be held.

The 2022 HIR Beach Sprints will be hosted by Scotland in St Andrews on Saturday 20th August.

The Beach Sprints format is ideal for agile and skilled scullers with a performance background, from either coastal or river rowing.

Selection Policy

The Scotland Rowing Team will be selected using the following principles:

1. The best Scottish athletes should be given the opportunity to represent Scotland.
2. Rowing for Scotland should be a positive experience.

1. Eligibility

All athletes seeking selection must fulfil ONE of the following:

- Be born in Scotland.
- Be resident in Scotland for 6 out of the 12 months prior to the 2022 HIR Beach Sprints.
- Live in the British Isles and have a Scottish parent or grandparent.

Junior athletes are required to have been born on or after 1st September 2003.

As well as satisfying the eligibility criteria, all athletes on the Scotland Rowing Team must be a member of Scottish Rowing.

2. Registration

All athletes, coaches and boat handlers must complete the following online form.

<https://forms.office.com/r/vsQraLGumf>

3. Regatta Format

The Beach Sprint format starts with a sprint on the beach of between 10m and 50m by one of the rowers. After entering the boat, the boat slaloms around two buoys then turns around a third buoy at 250m and rows straight back to the beach before one of the rowers exits the boat and runs to the finish line.

Regatta Format

Senior		Junior	
Men's Solo	CM 1x	Junior Men's Solo	CJM 1x
Women's Solo	CW 1x	Junior Women's Solo	CJW 1x
Mixed Double	CMix 2x	Junior Mixed Double	CJMix 2x

Teams must comprise 2 Senior Women, 2 Senior Men, 2 Junior Women and 2 Junior Men. Coaches and boat handlers will be appointed to support the team.

Each event will comprise a time trial, semi-final and final.

4. Selection Procedure

4.1 Main Selection Event

A Scotland Rowing Team selection weekend will take place on 14-15 May at East Sands in St Andrews, run with the support of the University of St Andrews.

It is understood that many athletes seeking selection will have limited experience of the Beach Sprints format and of the equipment used. The first day of the event will therefore provide opportunities for familiarisation and training.

Pool boats and boat handlers will be provided.

4.2 Provisional List

Following the Main Selection Event, a list of athletes who remain under consideration will be published. The Scottish Rowing High Performance Group (HPG) reserves the option to add or remove athletes from this list.

4.3 Additional Selection Trials

Athletes on the provisional list will be invited to participate in additional selection trials. The format of these assessments and those athletes required to participate will be confirmed after the HPG has reviewed the results of the Main Selection Event and all other relevant performance data.

4.4 Final Selection

After all additional selection and crew formation testing has been completed the HPG will announce the final team.

5. Additional Selection Considerations

5.1 Exceptional Changes to Policy and Procedure

In response to government guidance or other unforeseen circumstances the HPG may need to take action to modify the selection policy or procedure.

5.2 Performance Exemption

Exceptional athletes may be selected for the team without attendance at the Main Selection Event. Such athletes should be actively seeking selection for GB teams or able to provide evidence of a high standard of performance or have experience of an international standard Beach Sprints competition. The decision to grant a performance exemption will rest with the Scottish Rowing Head of Performance Pathway.

5.3 Medical Exemption

Athletes unable to complete any elements of the selection process should inform the Team Manager as soon as possible and will be required to provide a medical certificate. Scottish Rowing is not obliged to delay the selection process or give a rower special consideration as a consequence of such illness or injury.

6. Selection of Coaches and Boat Handlers

Coaches and boat handlers will be appointed by the Scottish Rowing High Performance Group. A job description detailing the roles and responsibilities for Scotland Rowing Team Coaches is available on the Scottish Rowing website. Coaches and boat handlers are reminded to complete the online registration process to express their interest in representing the Scotland Rowing Team.

7. Selectors

Both senior and junior teams will be selected by the Scottish Rowing High Performance Group. Following the announcement of the final team any decision on changes to crews because of injury or other unforeseen circumstances will be made by the Team Manager in consultation with the Head of Performance Pathway and the team coaches.

8. Additional Team Information

8.1 Costs

Athletes will be expected to pay a contribution towards costs for attending the 2022 HIR Beach Sprints as a member of the Scotland Rowing Team. There will be no cost to coaches and boat handlers appointed to the Scotland Rowing Team.

8.2 Accommodation and Equipment

All equipment, including appropriate boats, will be provided for both the trialling process and the HIR Beach Sprints.

Accommodation for all athletes, coaches and support staff will be arranged by the Team Manager.

8.3 Code of Conduct & Child Protection

Athletes, coaches and support staff selected will be expected to follow a high standard of behaviour while representing Scotland and will be expected to sign a document declaring such.

All athletes must comply with Scottish Rowing's anti-doping regulations and not currently be under disqualification or suspension imposed by any national governing body or international federation.

Scottish Rowing wishes for children and young people to stay safe and have fun while taking part in rowing.

Everyone involved in Scottish Rowing has a duty to safeguard the welfare of all children in their care. Scottish Rowing has made a commitment to promote safe practice and to protect children from harm, abuse and exploitation. This duty extends to the prevention of physical, sexual or emotional abuse of any child and shall be applied regardless of a child's gender, race, religion, sexuality or disability.

8.4 Contact Information

For question relating to the selection policy and procedures contact:

Team Manager graeme.cunningham@scottish-rowing.org.uk

For information about the Scottish Rowing Performance Programme contact:

Head of Performance Pathway lee.boucher@scottish-rowing.org.uk

For any safeguarding matters contact:

Child Wellbeing & Protection Officer childprotection@scottish-rowing.org.uk / 07852 947907

9. Appeals

Registered senior athletes, or the parent/guardian of registered junior athletes, are entitled to appeal against the decision of the Selectors. The nature of the selection process means that selections to the Scotland Rowing Team can often be made close to the regatta. As such the outcome of an appeal can have a significant impact not just on athletes directly involved in an appeal but on the preparation of other members of the Scotland Rowing Team. The Appeals process is therefore designed to operate quickly and minimise impact to athlete preparation. Athletes should carefully consider if an appeal is justified, before making one.

The appeal process can only be used to determine:

- Whether the correct procedures have been followed in the implementation of the Selection Policy;
- Whether the Selectors have acted reasonably, fairly and without bias in making a decision;
- Whether a selection decision was reached on the basis of an error of fact.

The right to appeal a selection decision is provided on these grounds only and must not be seen as an opportunity to dispute the opinion of the Selectors, who will be regarded by the Appeals Panel as experts.

9.1 Making an Appeal

An appeal should be initiated by emailing office@scottish-rowing.org.uk setting out full details of the basis upon which the athlete is appealing against the decision of the Selectors.

The Appeal must be raised within 48 hours of a “Selection Decision”. A Selection Decision is defined to be:

- The publication of the Provisional Team
- The publication of the Final Team
- Formal written communication between the Team Manager and the athlete that it is the intention of the Selectors to no longer consider the athlete for selection.

If the athlete fails to submit an appeal within the time limit, they will automatically lose the right of appeal.

A £100 contribution towards the administrative costs of the appeal will be requested upon receipt of the appeal. This sum may be refunded upon conclusion of the appeal at the discretion of the Appeals Panel.

9.2 Appeals Panel

The Scottish Rowing President will select three people from a list, previously approved by the Scottish Rowing Board, to form the Appeals Panel. No individual directly involved with the athlete making the appeal or who was involved with the selection process may be part of the Appeals Panel.

9.3 Conduct of the Appeal

The appeal will be conducted by written submissions only. No parties to the appeal will be entitled to appear before the Appeals Panel. However, the Appeals Panel, may contact a party to the appeal by telephone or by email to request further information. The Appeals Panel may make their deliberations in person or remotely as required.

The Appeals Panel will either:

- Reject the appeal and confirm the decision of the Selectors.
- Uphold the appeal and inform the Selectors that errors have been identified in the conduct of the selection process and request that a new selection decision be made as soon as is reasonably practicable.

The Appeals Panel will seek to reach its conclusion within 72 hours of receipt of the Appeal and will inform all interested parties as to their decision via email as soon as possible.

Appendix Beach Sprint Further Information

As this exciting format and boat design will be new to many rowers, a list of contacts and video links has been provided in the appendices to help you learn more about the beach sprint format.

1. [Introduction to coastal race module](#) Online Version (19min)
2. [SAFE Managing a water session \(F2.3a\)](#)(14min)
3. [SAFE Float Plan & Nav Hazards \(F3.C.3b\)](#)(55min)
4. [SAFE Pre-Launch \(F3.C.3c\)](#) (33min)
5. [Launching & landing \(F6.C.2a\)](#)(11min)
6. [Rescue Drills \(F2.C.1\)](#) (25min)
7. [Race Tech \(D1\)](#) (24min)
8. [Boat Entry \(D2\)](#) (15min)
9. [Boat Exit \(D3\)](#) (12min)
10. [Race Turns \(D4\)](#) (30min)
11. [Watership](#) (24min)
12. [Race Logistics \(E\)](#) (32min)